



Livable Community for Successful Aging Policy Board

Minutes August 13, 2019 2:30 PM
Location: Johnson Co. Health and Human
Services Bldg. Rm. 203B

Members Present: Tracey Achenbach, Lorraine Bowans, Eve Casserly, Pat Heiden, Lynette Jacoby, Scott McLeod, Doreen Nott, Annie Pollock, Gerald Rath, Stacia Rath, Carolyn Warkentin, Bob Welsh/on phone

Guests: Andrew Brown, Barbara Brown

Staff Present: Jeff Kellbach

Welcome and Introductions: Annie Pollock called meeting to order welcoming new members & a round of introductions.

Public Comment: None

Approval of Minutes: Heiden moved & McLeod seconded to approve June 11 minutes, motion carried.

Updates from Aging Specialist: Kellbach reported new student starting 8/26/19 Savannah Hartman is an MSW student at the University of Iowa that will be here for Fall & Spring semesters.

- **Newsletter:** New monthly edition due out on Thursday. Topics covered- New Board Members, PTC, Aging in Place Award, Links to videos, AIP Events, Falls prevention, Health & Resource Fair. The Fair has 44 Vendors signed up.
- **Upcoming events:** Aging In Place Forums, Falls Prevention Event, Powerful Tools for Caregivers & Caregiver Wellness Day
- **Past Events:** CARE ACT Celebration -60 attended AIP Events July 33 attended & 35 in June.
#of individuals served-171 NEW[192 unique individuals [21 served in FY 18]
Total of duplicated contacts 559
#group presentations- 13
presented to- 384

Another part time Aging Specialist will be hired.

Finances: Jacoby reported contract with Sadjia Pals has ended with short newsletters being sent more frequently with updates & reminders of events. Working to transfer our web site with updates to Johnson

County & using \$1,000 from Community Foundation. JCLC used 98.9% Of FY 19 Budget also purchased a display board \$260.00.

FY 20 Budget Monthly fees web hosting domain name \$1,200 Web Development & Support \$ 4,000 Outreach/Action Teams \$2,300 Supplies/Promotional materials \$ 500. Total Budgeted \$8,000 Endowment Fund Unchanged JCLC will use funding from Home Builders Association to help with Booklets.

Reports from Action Teams & Committees

CAREGIVERS: Continue Lunch & Learns, Powerful Tools for Caregivers 6 week course event in Johnson County. Caregivers learn self-care tools to reduce stress, manage emotions, gain self-confidence & discover community Resources.

COMMUNICATIONS COMMITTEE: Working with web transition, information updates, & monthly newsletter.

FALLS PREVENTION: September 20, Falls Prevention, Health & Resource Fair at Oakdale Kirkwood Campus.

HOUSING: Aging in Place JCLC & Iowa City Realtors with Home Builders Association continue Lunch & Learn September 11, 2019 topic Safety First & October topic Finances & Legal Issues.

Transportation : Iowa City will be conducting a Bus Survey with University paying 25% & Coralville 10%. A Consultant from Seattle will be in IC certain times to receive input.

Kelly Schneider Johnson County Mobility Coordinator has been taking seniors around the community on various bus routes for Lunch & Learn. Working to set up a tech support class at Senior Center instructing how to locate bus schedules, stops etc.

Brad Neumann announced Iowa DOT Website has a simulated drive to instruct drivers on various detours during the I-380 & I-80 construction that will start as soon as new Evergreen Exit completed this fall.

Yellow Cab has expanded, Rob Blair joining Roger Bradley who is working on new technology.

Tom Brase reported Seats had 30,000 calls to schedule or cancel & 3,000 non emergency medical care trips.

Discussed that Johnson County Seats, JCLC Action Team & Community Transportation would discuss & present one plan to the IC Bus Survey rather than having three different plans.

RSVP is now with United Way 319 338 7823

NEXT MEETING is October 8, 2019

Respectfully submitted Carolyn Warkentin