

Johnson County, Iowa
Resource Directory

Name of Organization	Categories	Programs	Website	Phone Number	Address	Email
4Cs of Johnson County	Childcare Services, Youth Services	Programs support the childcare workforce through education, consultation, and other resources to aid with retention in the field and works closely within the refugee and immigrant population to identify individuals to work in the childcare field. Other services include crisis childcare for Johnson County families when emergent childcare needs arise, operating the Home Ties Child Care Center which cares for children primarily on childcare assistance. Families experiencing crisis, such as homelessness, may receive free care while working on personal goals, such as finding permanent housing, reliable transportation, or stable employment.	https://iowa4cs.com/	(319) 338-7684	1500 Sycamore St., Iowa City, IA 52240	info@4cs.com
4-H & Youth	Childcare Services, Youth Services	Career Pathways Academy provides opportunities for Iowa youth in grades 7-12 to discover pathways to higher education in Agriculture, Education, Entrepreneurship, healthcare, STEAM and skilled trades. Clover Kids is designed for children in kindergarten through third grade to foster life skills by exploring literacy, STEM, health, play, etc.	https://www.extension.iastate.edu/johnson/4h	(319) 337-2145	3109 Old Hwy 218 S., Iowa City, IA 52246	johnson4h@iastate.edu
988	Crisis Services	988 provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week. Trained crisis counselors help Iowans of any age. Call or text 988 any time, day or night.	https://chat.988lifeline.org/	-988		
UnityPointHealth - AbbeHealth Services	Crisis Services, Mental Health Services	Behavioral Health care including psychiatry, counseling, therapy, and care coordination. Same day access available.	https://www.unitedpoint.org/locations/unitedpoint-health---abbehealth-services---abbe-center-for-community-mental-health---iowa-city	(319) 338-7884	1039 Arthur St., Iowa City, IA 52240	
AbbeHealth Aging Services	Older Adult Services, Transportation Services	Aging Services assists older adults and caregivers in Johnson and Linn counties. Our mission is to enhance the lives of older adults by providing services and resources to assist them in remaining independent. Services include: Pathways Adult Day Health Center, transportation, minor and major home repairs including snow removal and lawn mowing services.	https://www.unitedpoint.org/cedar-rapids/aging-services-1.aspx	(319) 398-3647	1725 O Ave NW, Cedar Rapids, IA 52405	
Abbe Center Integrated Home Health (IHH)	Care Coordination, Case Management	Care Coordination for individuals with serious mental illness.	https://www.unitedpoint.org/locations/unitedpoint-health---abbehealth-services---abbe-center-for-community-mental-health---iowa-city	(319) 338-7884	1039 Arthur St., Iowa City, IA 52240	

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Abbe Center Projects for Assistance in Transition from Homelessness (PATH)	Case Management, Homeless Services, Mental Health Services	Outreach and engagement, training in resiliency, short-term case management, assistance in obtaining permanent supportive housing, transitional housing, or emergency shelter, assistance in obtaining screenings and treatment, medications, and co-occurring mental health and substance use treatment, referrals for primary health care, Social Security Disability, job training, educational services.	https://hhs.iowa.gov/programs/programs-and-services/housing-homelessness-transition	(319) 430-7234	1039 Arthur St., Iowa City, IA 52240	ccardwell@unitypoint.org
AbbeHealth Chatham Oaks Residential Care Facility	Residential Care	Provide short and long-term residential treatment services for adults with mental health and medical conditions, intellectual disabilities and elderly who require 24-hour treatment and supervision. Our programs help individuals gain the necessary skills to return to live in the community of their choice. Psychiatric services, medical services, social services, nursing services, skill attainment and community integration activities.	https://www.unitypoint.org/locations/unitypoint-health---abbehealth-services-chatham-oaks-residential-care-facility--iowa-city	(319) 887-2701	4515 Melrose Ave, Iowa City, IA 52240	
Access to Independence	Case Management, Care Coordination, Home and Community Based Services	Employment Supports, Independent Living Skills Training, Information & Referral, Peer Counseling, Transition Services, Youth Services	https://access2independence.org/	(319) 338-3870	1556 S. 1st Ave., Suite B, Iowa City, IA 52240	info@access2independence.org
Agape Breakfast	Food Assistance	Free Breakfast each Wednesday	https://www.agapecafe.org/		26 E Market St., Iowa City, IA 52240	
AIDS/HIV Clinic UIHC	Financial Assistance, Housing Assistance, Mental Health Services	The Virology Clinic uses a multidisciplinary approach to provide comprehensive care including: Medication counseling, clinical trials, education, housing services, medical care, psychiatry services, and social services and community referrals.	https://uihc.org/services/hiv-aids-treatment	(319) 356-8133	31205 Pomerantz, 200 Hawkins Dr., Iowa City, IA 52242	
Amani Community Services	Abuse Prevention, Advocacy Services, Domestic Violence Services, Family Services, Immigrant Services, Refugee Services, Sexual Assault Services, Youth Services	Amani Community Services offers prevention and education resources to youth to prevent abuse. Legal advocacy, individual counseling, housing advocacy, support groups, community outreach, and youth services.	https://www.amani-cs.org/	888-983-2533	1024 W 4th St., Waterloo, IA 50702	
Area Payee Services	Payee Services	Provides payee representation for Social Security Benefits	https://www.areapayeeservices.com/payee-representatives	(319) 364-9800	1436 L St. SW, Cedar Rapids, IA 52404	
Big Brothers Big Sisters of Johnson County	Mentorship Services, Youth Services	Provides one-on-one mentoring relationships between adult volunteers and children aged 5 through young adulthood. Help children reach their full potential by developing positive relationships, fostering self-esteem, and encouraging positive behaviors.	https://www.bbbsjc.org/	(319) 337-2145	3109 Old Hwy 218 S., Iowa City, IA 52246	

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Birdhouse	Hospice Care	The Bird House is a community based not-for-profit dedicated to providing compassionate, dignified end-of-life care by focusing on the physical, spiritual, and emotional needs of our guests and their loved ones in a peaceful, home-like environment.	https://thebirdhousejc.org	(319) 499-1882	8 Lime Kiln Ln NE, Iowa City, IA 52240	info@thebirdhousejc.org
Birthright of Iowa City	Case Management, Women's Services	Offers friendship, love, and hope. Information available about pregnancy, childbirth, adoption, prenatal care, community programs, parenting skills, childcare. Provides referrals for medical support, financial resources, housing services, legal services, counseling, etc. Provides free pregnancy tests, maternity and baby items, and online chat for support.	https://birthright.org/iowacity	(319) 338-8665	341 E College St., Iowa City, IA 52240	contact@birthright.org
Brain Injury Alliance	Brain Injury Services, Case Management, Mental Health Services	Offers support in coping with the issues of living with brain injury and transitioning back to work and the community. Provides brain injury specific information and resources, enhances natural supports, provides training to service providers to increase Iowa's capacity to provide appropriate services, accessing, securing, and maximizing funding, monthly support groups, and provides information and guidance related to brain injury and multi-occurring conditions like mental health and substance abuse.	https://biaia.org/donate/	(855) 444-6443	1556 S. 1st Ave, Iowa City, IA 52240	info@biaia.org
Bureau of Refugee Services	Case Management, Employment Services, Legal Services, Housing Assistance, Refugee Services, Transportation Assistance,	The Iowa Bureau of Refugee Services (BRS) is a federally funded office of the Iowa Department of Human Services and is charged with supporting the resettlement of refugees in Iowa. BRS works with a network of resettlement agencies (RA) across Iowa who do the bulk of the direct resettlement work with refugees.	https://hhs.iowa.gov/programs/programs-and-services/refugee-services	(515) 344-3675	321 East 12st St., Des Moines, IA 50319	
CAMBUS	Transportation Services	CAMBUS is the University's public transit system that provides bus service throughout the campus. Services are accessible, no fare, and available to the general public.	https://transportation.uiowa.edu/cambus	(319) 335-1475	100 W Campus Transportation Center, Iowa City, IA 52242	
Caring Hands and More	Day Habilitation, Employment Services, Home and Community Based Services	Caring Hands mission is to serve local individuals and families with a wide variety of care services. Offers short or long-term home care assistance, community living support, adult day habilitation, medicaid services, and vocational services.	https://caringhandsandmore.com/	(319) 337-8922	409 Kirkwood Ave, Iowa City, IA 52240	

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Catherine McAuley Center	Domestic Violence Services, Education Services, English Language Learning, Housing Assistance, Immigrant Services, Refugee Services, Women's Services	The Catherine McAuley Center (CMC) offers hope and opportunity through educational and supportive services that promote stability, skill-building, and connection. English Language learning, math, computer skills, US Citizenship preparation, and HiSET preparation classes. Offers resource navigation, transitional housing and employment services.	https://cmc-cr.org/	(319) 363-4993	1220 5th Ave SE., Cedar Rapids, IA 52403	
Center for Worker Justice	Employment Services, Legal Services, Immigrant Services, Refugee Services,	The Center for Worker Justice of Eastern Iowa (CWJ) unites low-wage workers across race, ethnicity, and immigration status to promote and defend workers' rights on the job, tenants' rights to safe and affordable housing, just immigration policies, and more equitable communities.	https://cwjiowa.org/	(319) 594-7593	1556 S 1st Ave #C, Iowa City, IA 52240	
Center for Disabilities and Development	Disability Services	The Center for Disabilities and Development at University of Iowa Stead Family Children's Hospital delivers evidence based clinical services, statewide community programs, interdisciplinary education and training, and state-of-the-art research for Iowans with disabilities, and their families and providers. Services available for ADHD, Autism, Behavioral Concerns, Developmental and Behavioral Pediatrics, Learning Disorders, Movement Difficulties, Spasticity, Spina Bifida.	https://uihc.org/childrens/services/center-disabilities-and-development	(319) 353-6900	100 Hawkins Dr, Iowa City, IA 52242	
Child Abuse Hotline	Abuse Prevention, Youth Services	Report child abuse 24 hours a day. If a child is in imminent danger, call 911.	https://hhs.iowa.gov/contacts/child-or-dependent-adult-abuse-reporting	(800) 362-2178		
Child Care Connect	Childcare Services, Youth Services	Enable families to search and filter for available child care using a mapping function that shows care by geography or along a designated route. Provides near-real-time data about current child care openings by age, geography, and quality.	https://iachildcareconnect.org/			
Child Serve	Autism Services, Brain Injury Services, Disability Services, Mental Health Services, Youth Services	ChildServe improves the health and well-being of 5,800 children each year through specialized clinical, home, and community-based programs and services. Experts in pediatric rehabilitation and care for children and young adults who have a wide variety of developmental delays, disabilities, injuries, and other special healthcare needs.	https://www.childserve.org/	(319) 351-5437	2350 Oakdale Blvd., Coralville, IA 52241	
Child Support Recovery	Legal Services, Youth Services	The mission of Iowa's child support program is to provide services to ensure families receive the child support they need in order to be able to meet the financial and health needs of their children.	https://secureapp.dhs.state.ia.us/customersweb/	(319) 398-3619	411 3rd St. SE #200, Cedar Rapids, IA 52401	

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City of Iowa City	Housing Assistance	The Neighborhood Services Division is responsible for administration of various housing services, including rehabilitation programs and housing programs coordinated through the Housing Authority.	https://www.icgov.org/government/departments-and-divisions/neighborhood-and-development-services/neighborhood-services	(319) 356-5000	410 E. Washington St., Iowa City, IA 52240	
Clear Creek Amana Community Food Pantry	Food Assistance	Food pantry.	https://www.facebook.com/CCAfoodpantry/about		551 W. Marengo Rd., Tiffin, IA	
Clothing Closet at Iowa	Clothing Assistance	The mission is to provide University of Iowa students, postdocs, faculty, and staff with access to quality new or used professional clothing at no cost. Each semester, students, postdocs, faculty, and staff can receive up to ten free items for interviews, jobs, presentations, and other professional needs free of charge.	https://basicneeds.uiowa.edu/clothing-closet		G200 Iowa Memorial Union	studorg-foodpantry@uiowa.edu
College of Dentistry & Dental Clinics	Dental Services	To advance oral health for the people of Iowa and beyond through education, research, and person-centered care. Offers student clinics with reduced fees, faculty private practice clinics and emergency care.	https://dentistry.uiowa.edu/	(319) 335-7499	801 Newton Rd., Iowa City, IA 52240	
Community and Family Resources	Detox Services, Gambling Services, Housing Assistance, Mental Health Services, Substance Use Treatment	Services are provided in a respectful and confidential manner. Every person regardless of race, beliefs, gender identity, age, national origin, disability, sexual orientation, or source of payment can expect the most appropriate service to help meet their needs. Individuals who are pregnant and/or have used IV drugs in the last 30 days seeking substance use disorder services receive priority in admission. Language translation services are available and include access to a live interpreter.	https://www.cfrhelps.org/iowa-city-residential	(319) 351-4357	430 Southgate Ave., Iowa City, IA 52240	
CommUnity Crisis Services	Clothing Assistance, Employment Assistance, Financial Assistance, Food Assistance, Housing Assistance,	CommUnity Crisis Services and Food Bank is a volunteer-driven organization that provides immediate and non-judgmental support for individuals facing emotional, food or financial crisis.	https://builtbycommunity.org/	(319) 351-2726	1121 S. Gilbert Ct., Iowa City, IA 52240	
CommUnity Food Bank	Food Assistance	The Food Bank at Pepperwood Plaza provides produce, bakery, deli, dairy, health, baby, hygiene and non-perishable items. Residents of Johnson County, IA can receive grocery assistance once per week. Clients may choose their own items with some limits based on family size. Pre-made bags are available for individuals who prefer not to shop.	https://builtbycommunity.org/	(319) 351-0128	1045 Highway 6 E, Iowa City, IA 52240	
CommUnity Mobile Crisis	Crisis Services, Mental Health Services	Mobile Crisis Response dispatches mental health counselors to homes, schools, businesses, or public spaces where a mental health crisis is occurring. Anyone who is experiencing or is concerned about someone experiencing a mental health crisis can call.	https://builtbycommunity.org/	-988	1121 S. Gilbert Ct., Iowa City, IA 52240	

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CommUnity Healing Prairie Farm	Crisis Services, Emergency Shelter, Mental Health Services, Youth Services	The Youth Shelter provides long-term care for youth who are unhoused, have run away from home, were kicked out of the home, or are couch surfing. The Youth Crisis Stabilization provides short-term stabilization for youth experiencing a mental health crisis	https://builtbycommunity.org/i-need-help/hpf/	(319) 255-7006	1121 S. Gilbert Ct., Iowa City, IA 52240	
Coordinated Entry	Homeless Services, Housing Assistance	Coordinated Entry assist in meeting the housing needs of people at-risk of homelessness and people experiencing homelessness.	https://www.iowahousinghelp.com/	(319) 351-0326	429 Southgate Ave., Iowa City, IA 52240	
Community Inclusion Club	Peer Support Services	Create Socially Inclusive Opportunities for People with Disabilities and Their Non-Disabled Peers.	https://www.communityinclusionclub.com/home			communityinclusionclub@gmail.com
Community Violence Intervention Program (CVI)	Abuse Prevention, Case Management	Community Violence Intervention (CVI) is an approach that uses evidence-informed strategies to reduce violence through community-centered initiatives. Community violence affects millions of people, families, schools, and communities every year, causing significant physical injuries, trauma, economic impact, and mental health conditions. JOCO CVI establishes relationships between individuals and the community to provide support that saves lives, addresses trauma, provides opportunity, and improves the physical, social, and economic conditions that drive community violence within Johnson County and surrounding areas.	https://johnsoncountyiowa.gov/home/community-violence-intervention	(319) 930-6259	500 S. Clinton St., Suite 400, Iowa City, IA 52240	jiang@johnsoncountyiowa.gov
Compeer	Mental Health Services, Peer Support Services	The Compeer Program matches community volunteers in supported friendships with adults who are receiving mental health treatment. Participants are referred to the program by their mental health professional. Community volunteers are screened, trained, and meet with the selected participant's mental health professional before they learn the identity of the client.	https://compeerjohnsoncountyiowa.org/	(319) 383-6264	2701 Rochester Ave., Iowa City, IA 52245	
Coralville Community Food Pantry	Food Assistance	The Coralville Community Food Pantry maintains a member-choice food distribution model, any community member can visit the pantry once a week to freely select food and personal care items that best suit their unique needs. To avoid unnecessary barriers, the only qualification to receive assistance is to be a Coralville, Tiffin, or Oxford resident.	https://www.coralvillefoodpantry.org/	(319) 337-3663	804 13th Ave., Coralville, IA 52241	john@coralvillefoodpantry.org

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Coralville Public Library	Food Assistance, Healthcare Services, English Language Learning,	The Coralville Public Library is a community center serving a diverse population as a resource for leisure, knowledge and learning. Library programs and services are provided equitably in an atmosphere that is friendly, responsive, comfortable and accessible. The Coralville Public Library champions every person's right to information and resources.	https://coralvillepubliclibrary.org/	(319) 248-1850	1401 5th St., Coralville, IA 52241	reference@coralville.org
Coralville Transit	Transportation Services	Public transportation offered in the city of Coralville. Download the Transit app to track busses in real time. Exact fares are required, drivers do not make change.	https://www.coralville.org/80/Transit-Parking	(319) 248-1790	900 10th St., Coralville, IA 52241	
Crowded Closet	Clothing Assistance, Furniture Assistance	The thrift shop sells donated goods such as clothing for men, women and children, housewares, furniture, toys, books and antiques. In addition, there are Fair Trade food items such as coffee and chocolate as well as seasonal items such as decor, gifts and more.	https://www.crowdedcloset.org/	(319) 337-5924	851 Hwy 6 E, #101, Iowa City, IA 52240	crowdedcloset.ic@gmail.com
Dependent Adult Abuse	Abuse Prevention, Disability Services	Report dependent adult abuse 24 hours a day. If a dependent adult is in imminent danger, call 911.	https://hhs.iowa.gov/contacts/child-or-dependent-adult-abuse-reporting	(800) 362-2178		
Disability Rights Iowa	Abuse Prevention, Disability Services, Legal Services, Payee Services	DRI has the authority to investigate complaints of abuse or neglect of individuals with disabilities. DRI helps adults and youth with disabilities. DRI does not have an income limit, citizenship or a language requirement to qualify for help. A disability is a physical or mental impairment that substantially limits one or more major life activities.	https://disabilityrightsowa.org/	(515) 278-2502	666 Walnut St., Suite 1440, Des Moines, IA 50309	
Dream City	Advocacy Services, Childcare Services, Mentorship Services, Youth Services	Dream City is dedicated to strengthening families, transforming lives, and restoring hope. Through programs in Youth Leadership, Community Development, and Wellness, we are committed to creating a brighter future. Though based on the southeast side of Iowa City, we proudly serve youth and families throughout Johnson County.	https://www.dreamcityia.org/	(319) 214-0410	611 Southgate Ave, Iowa City, IA 52240	info@dreamcityia.org
DVIP/RVAP	Abuse Prevention, Advocacy Services, Domestic Violence Services, Emergency Shelter, Financial Assistance, Housing Assistance, Human Trafficking Services, Sexual Assault Services	The Mission of DVIP & RVAP is to provide comprehensive support and advocacy services to victim-survivors of domestic and sexual abuse, dating violence, stalking, and human trafficking, focusing on immediate and long-term safety, empowerment, dignity, and hope. Offers emergency shelter, transitional housing, advocacy, legal support, and group support.	https://dvipiowa.org/	(800) 373-1043	1105 S. Gilbert Ct., Iowa City, IA 52240	

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Emma Goldman Clinic	Healthcare Services, Women's Services	The provision of quality reproductive health care that includes abortion services, gynecology services, safer sex promotion, and active education. We promote respectful, client-centered and participatory health care through informed decision making, client rights, advocacy and expansion, and support of pregnancy choices.	https://emmagoldman.com/	(319) 337-2111	227 N Dubuque St., Iowa City, IA 52245	info@emmagoldman.com
Escucha mi Voz	Immigrant Services, Refugee Services	Escucha mi Voz strengthens the power of immigrant workers to achieve dignity and justice.	https://www.facebook.com/escuchamivozia	(319) 330-3355	113 S. Johnson St., Iowa City, IA 52240	info@escuchamivozia.org
Ethnic Minorities of Burma Advocacy & Resource Center (EMBARC)	Domestic Violence Services, Education Services, Food Assistance, Immigrant Services, Refugee Services	EMBARC provides Crisis and Advocacy Services to Refugee victims of crime and violence. Language helplines and access center connects refugees and immigrants to resources and information in their native languages. EMBARC provides family services and hosts a monthly culturally appropriate food pantry. English Language Learning classes available.	https://www.embarciowa.org/	(515) 512-5252	4801 Franklin Ave., Suite 101, Des Moines, IA 50310	info@embarciowa.org
Food Pantry at Iowa	Food Assistance	The Food Pantry at Iowa provides free nutritious food and basic necessities for University of Iowa students, graduate and professional students, postdocs, staff, and faculty. Food accessibility and affordability is important for college students to survive, maintain a healthy lifestyle, and to concentrate in classes.	https://basicneeds.uiowa.edu/food-pantry	(319) 335-1162	G200 Iowa Memorial Union, Iowa City, IA 52240	studorg-foodpantry@uiowa.edu
Food Pantry of Kalona	Food Assistance	Food pantry available for families needing food assistance.	https://fullgospelkalona.org/food-pantry#:~:text=We%20have%20a%20food%20pantry,to%20set%20up%20an%20appointment.	(319) 656-2298	1103 J. Ave., Kalona, IA 52247	office@fullgospelkalona.org
Four Oaks	Adoption Services, Community Based Services, Foster Care, Housing Assistance, Mental Health Services	When children hurdle obstacles to success, whether it be housing, education, family stability, or safety, our families, homes, neighborhoods, and communities become stronger. Four Oaks believes in a family-centered approach. Children need adults to guide them. Sometimes, adults need help with parenting. We work to heal and to help families become stronger.	https://fouroaks.org/	(319) 337-4523	1916 Waterfront Dr., Iowa City, IA 52240	info@fouroaks.org
Free Lunch Program	Food Assistance	The Free Lunch Program of Iowa City serves meals from noon to 1 p.m. Monday through Saturday, all year long, to anyone who shows up at its location.	https://iowacityfreelunch.org/	(319) 337-6283	1105 Gilbert Ct. Suite 100, Iowa City, IA 52240	icfreelunch@gmail.com
Free Medical & Dental Clinic	Dental Services, Healthcare Services, Prescription Services,	General medical care for the uninsured/underinsured for minor illnesses, job physicals, asthma, urinary tract infections, sexually transmitted infection testing and treatment, and long-term care for diabetes, high-blood pressure, heart disease, and more. Care provided by appointment only.	https://freemedicalclinic.org/	(319) 337-4459	2440 Towncrest Dr., Iowa City, IA 52240	officecoordinator@freemedicalclinic.org

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Friendship Community Project	English Language Learning	Serving refugees and immigrants in the Iowa City area. Offers free English/life skills classes for adults and assist our students in accessing local resources, practicing conversation, and getting to know people in the community.	https://fcp-iowa.org/			info@fcp-iowa.org
Geriatric and Special Needs Dental Program	Aging Services, Dental Services	This program is conducted by the University of Iowa, College of Dentistry. It provides comprehensive dental services to geriatric and special needs patients, including: medically, physically and cognitively compromised adults, frail elderly, nursing home residents, homeless, indigent, and other under-served populations.	https://dentistry.uiowa.edu/	(319) 335-7373	University of Iowa College of Dentistry, W329 DSB, Iowa City, IA 52242	
Goodwill	Day Habilitation, Disability Services, Employment Services, Home and Community Based Services	Mental Health Supports, Job Readiness Training, Helms Career Center, Thrift Store	https://www.goodwillheartland.org/locations/	(319) 337-4158	1025 Wade St., Iowa City, IA 52240	
Grant Wood AEA	Education Services, Family Services, Youth Services	Grant Wood AEA provides programs and services designed to support quality education for all students by improving teaching and learning.	https://www.gwaea.org/	(319) 399-6700	2852 Coral Ct., Coralville, IA 52241	
GSK For You	Financial Assistance, Prescription Assistance	Patient Assistance programs for medicines and vaccines, copay assistance, coupons, and free-trial offers.	https://gskforyou.com/			
Guidelink Center	Crisis Services, Detox Services, Mental Health Services	Provide access to immediate, onsite assessment and stabilization—outside of a hospital setting—for those 18+ years of age who are experiencing a mental health or substance use crisis. Services offered: Community mental health services Sub-acute stabilization services (beyond 5 day stays) Substance use services Peer support General medical services Housing support Vocational support	https://guidelinkcenter.org/	(319) 688-8000	300 Southgate Ave., Iowa City, IA 52240	
HACAP	Childcare, Disaster Assistance, Food Assistance, Homeless Services, Housing Assistance, Utility Assistance	Provides a variety of programs for low-income households such as energy assistance through LIHEAP, Head Start, affordable housing, homeless veteran services, etc	https://www.hacap.org/	(319) 337-5765	367 Southgate Ave, Iowa City, IA 52240	

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Healthy JoCo	Health Services	HealthyJoCo strives for Johnson County to be a diverse community where all have the resources, access, and opportunity to thrive in a resilient, safe, and inclusive community. We also strive to be a community where institutions and community members actively work together to deconstruct silos and address health inequities through partnerships, collaboration, and power-sharing.	https://healthyjoco-johnsoncounty.hub.arcgis.com/	319-356-6040	855 S. Dubuque St., Iowa City, IA 52240	
Healthy and Well Kids in Iowa (Hawki)	Healthcare Services	Iowa offers Hawki health insurance for uninsured children of working families.	https://hhs.iowa.gov/programs/welcom-e-iowa-medicaid/iowa-health-link/hawki			
Healthy Kids School-Based Health Clinic	Healthcare Services, Youth Services	The Healthy Kids Clinic is dedicated to addressing the physical and mental health needs of ICCSD students who are uninsured, underinsured, or face other barriers to healthcare. By offering free medical services, Healthy Kids ensures that all students have access to essential healthcare. This initiative not only supports the health of these students but also enhances their learning experiences and social interactions.	https://www.iowacityschools.org/services-supports/healthy-kids-clinic	(319) 631-3204		
Heritage Area Agency on Aging	Abuse Prevention, Caregiver Support Services, Food Assistance, Housing Assistance, Older Adult Services, Resource and Referral, Transportation Assistance	Heritage Area Agency on Aging provides leadership, advocacy and innovative services that improve the quality of life for older Iowans, individuals with disabilities and family caregivers.	https://www.heritageaaa.org/	(319) 398-5559	6301 Kirkwood Blvd. SW, Cedar Rapids, IA 52404	
Hoeffer Law Firm	Social Security Disability Assistance, Workers' Compensation, Veterans' Benefits Assistance	A team of legal professionals who believe that people with injuries and disabilities deserve a level playing field. The regulations governing Social Security, VA, and Workers' Compensation benefits are complicated and confusing – and changing every day. We have devoted our entire practice to understanding those rules and to helping our clients cut through the red tape.	https://hoeferlaw.com/	(319) 338-5343	1700 S. 1st Ave., Eastdale Plaza Suite 11, Iowa City, IA 52240	info@hoeferlaw.com
Horizons Meals on Wheels	Food Assistance, Transportation Assistance	Horizons offers a variety of human services across Eastern Iowa including: Meals on Wheels, Financial Wellness, and Transportation Services called Trip Connect.	https://horizonsfamily.org/	(319) 398-0515	2210 9th St. Suite 1, Coralville, IA 52241	
Houses Into Homes	Furniture Assistance	Houses into Homes serves households coming out of homelessness with, domestic violence, and other crisis situations with gently used furniture and household items within the Iowa City Community School District.	https://www.housesintohomes.org/	(319) 432-1075	401 6th Ave., Suite 1, Coralville, IA 52241	directors@housesintohomes.org
Housing Fellowship	Housing Assistance	Non-profit housing management organization providing affordable rentals in Johnson County, Iowa.	https://housingfellowship.com/	(319) 358-9212	322 E. 2nd St., Iowa City, IA 52240	thfiowa@gmail.com

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Human Trafficking Hotline	Abuse Prevention, Human Trafficking Services	Contact the hotline if you or someone you know is experiencing human trafficking. Text 233733. If you are in immediate danger call 911.	https://humantraffickinghotline.org/en	(888) 373-7888		
IC Compassion	English Language Learning, Food Assistance, Immigrant Services, Legal Services, Refugee Services,	Food pantry, legal services for immigrants, community garden plots	https://www.iccompassion.org/	(319) 330-9883	1035 Wade St., Iowa City, IA 52240	info@iccompassion.org
Immigrant Welcome Network	Employment Services, Housing Assistance, Immigrant Services, Mentorship Services, Refugee Services	At the Immigrant Welcome Network of Johnson County, we understand that the journey of resettlement can be daunting for newly arrived immigrant families and low-income individuals. That's why we offer a comprehensive range of programs and services designed to provide holistic support and empower individuals to thrive in their new communities.	https://www.iwnjc.org/	(319) 800-1885	1927 Keokuk St., Iowa City, IA 52240	info@iwnjc.org
Inside Out Reentry Community	Employment Services, Housing Assistance, Re-entry Services, Sober Living	Inside Out Reentry Community is based in Iowa City and serves people returning to Johnson County after incarceration. Also works with individuals incarcerated throughout the State to help them develop re-entry plans, regardless of where they plan to live after release. Returning to and becoming an active member of society after being in prison is tough, and we strive to give these individuals the support they need to reach their goals.	https://www.insideoutreentry.com/	(319) 338-7996	804 S. Capital St., Iowa City, IA 52240	hello@insideoutreentry.com
International Rescue Committee	Refugee Services	The mission of the IRC is to help people whose lives and livelihoods are shattered by conflict and disaster, including the climate crisis, to survive, recover, and gain control over their future.	https://www.rescue.org/united-states/iowa-city-ia		250 E Court St., Iowa City, IA 52240	
International Womens Club	English Language Learning	We are a group of women from the U.S.A. and around the world who share activities in the Iowa City area that promote friendship and understanding. We currently have 137 members from 42 countries. We meet in many different groups so our members can take part in whichever groups they enjoy. Social events and opportunities to learn English are all offered.	https://iwc-iowacity.wordpress.com/			iowa.iwc@gmail.com
Iowa City Animal Care & Adoption Center	Animal Services	Adoption, Animal Behavior and training, Animal Complaints, Disaster Response, Emergency housing, Food Bank, Fostering, Licensing and Permits, Lost and Found, Low Cost Spay and neutering, low cost vaccination services, microchip clinics, neglect and cruelty investigations, relinquishment, stray animal pickup, wildlife issues	https://icanimalcenter.org/	(319) 356-5295	3910 Napoleon Lane, Iowa City, IA 52240	icanimalcenter@iowa-city.org

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Iowa City Bike Library	Transportation Services	Providing affordable and reliable transportation by tirelessly breaking down barriers, ensuring universal access to bicycles, creating spaces where people feel safe, and promoting healthy lifestyles for all, regardless of individual race, religion, background, or physical ability.	https://www.icbikelibrary.org/		1222 S. Gilbert Ct., Iowa City, IA 52240	info@bikelibrary.org
Iowa City Catholic Worker	Food Assistance, Housing Assistance, Immigrant Services, Refugee Services	Immigrants and refugees are welcome here. We are a safe house and sanctuary where the poor come first. We also offer weekly food runs, monthly rent assistance, protective accompaniment, and deportation defense to undocumented workers and immigrant families to help them stay in their own homes.	https://iowacitycatholicworker.org/	(515) 729-6482	1414 Sycamore St., Iowa City, IA 52240	iowacitycatholicworker@gmail.com
Iowa City Community School District Student and Family Advocates	Family Services, Youth Services	Student and Family Advocates (SFA) enhance school success for all learners by empowering and connecting students, their families, and schools. Supports include helping students and their families navigate school, access basic needs and mental health resources, and directly supporting learners experiencing homelessness or temporary housing situations. Services are free for families.	https://www.iowacityschools.org/services-supports/student-family-advocates	(319) 688-1000	2255 N Dubuque Rd., Iowa City, IA 52240	
Iowa City Free Mental Health Clinic	Mental Health Services	Provides transitional mental health care to bridge the gap for uninsured or underinsured in the state of Iowa. Scheduled in-person psychiatric clinics and telepsych appointments.	https://sites.google.com/freementalhealthclinic/iowacity.com/website/home	(319) 322-8317	1039 Arthur St., Iowa City, IA 52240	clinic@freementalhealthclinic-iowacity.com
Iowa City Hospice & Visiting Nurse Association	Disability Services, Healthcare Services, Older Adult Services	The Visiting Nurse Association of Johnson County (VNA) is a non-profit organization established in 1949 for the purpose of providing health services to individuals in their home and in community settings. The VNA provides in-home medical services to individuals ranging in age from infants to elders with acute and chronic illness or disability. VNA has a nurse on call 24 hours a day for patient concerns.	https://vnaic.org/	(319) 337-9686	1524 Sycamore St., Iowa City, IA 52240	
Iowa City Housing Authority	Financial Assistance, Housing Assistance, Home Rehabilitation	The Housing Authority works to improve the quality of life for clients, acting as a community leader on affordable housing by providing information and education, housing assistance, and public and private partnership opportunities. The Housing Authority is not accepting applications for our Housing Choice Voucher or Public Housing Program waitlists at this time.	https://www.icgov.org/government/departments-and-divisions/neighborhood-and-development-services/neighborhood-services/housing-authority	(319) 356-5400	410 E. Washington St., Iowa City, IA 52240	icha@iowa-city.org

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Name of Organization	Categories	Programs	Website	Phone Number	Address	Email
Iowa City Human Rights	Abuse Prevention, Legal Services	In Iowa City it is unlawful to discriminate in credit, education, employment, housing, and public accommodation on the basis of age, color, creed, disability, familial status (housing), gender identity, marital status, national origin, presence or absence of dependents (housing), public assistance source of income, race, religion, sex, or sexual orientation. It is also unlawful to retaliate against a person because such person has lawfully opposed any discriminatory practice. Complaints of discrimination must be filed within 300 days after the most recent discriminatory event.	https://www.icgov.org/government/departments-and-divisions/equity-and-human-rights	(319) 356-5022	410 E Washington St., Iowa City, IA 52240	humanrights@iowa-city.org
Iowa City Parks and Recreation	Disability Services	Adaptive and Inclusive programs provide leisure opportunities for persons with disabilities. Persons with disabilities are encouraged to participate in any of the recreation programs offered by the Recreation Division. Inclusion services are offered to residents at no additional cost to the family. Inclusion supports may come in the form of one or more of the following: program observation, staff training, program modification, modified equipment, and/or an inclusion companion.	https://www.icgov.org/government/departments-and-divisions/parks-and-recreation/recreation/adaptive-inclusive-recreation#:~:text=Adaptive%20and%20Inclusive%20programs%20provide,by%20downloading%20the%20Registration%20Form.	(319) 356-5100	220 S. Gilbert St, Iowa City, IA 52240	msymysor@iowa-city.gov
Iowa City Senior Center	Healthcare Services, Older Adult Services	The Iowa City Senior Center (ICSC) is a community center offering programs, services, and facilities geared toward older adults. Membership is open to anyone age 50+ and includes access to the Senior Center's fitness facilities.	https://www.icgov.org/government/departments-and-divisions/senior-center	(319) 356-5220	28 S. Linn St., Iowa City, IA 52240	srcenter@iowa-city.org
Iowa City Sober Living	Sober Living, Substance Use Services	Iowa City Sober Living is a safe haven for women in early recovery who wish to break the bonds from their primary addiction. The mission of the home is to provide a safe and sober haven for women in early recovery where healing of mind and body continues. Let us help you rebuild your courage, success, friendships, and confidence.	https://iowacitysoberliving.com/			IowaCitySoberLiving@gmail.com
Iowa City Transit	Transportation Services	Public transportation, fare free. Download the transit app for up-to-date information.	https://www.icgov.org/government/departments-and-divisions/transportation/transit	(319) 356-5151	1200 S. Riverside Dr., Iowa City, IA 52240	ICTransit@iowa-city.org
Iowa City Utility Discount Program	Financial Assistance	Eligible Iowa City utility customers can receive a discount of 75 percent off the minimum water and sewer charges, 75 percent off the monthly storm water charge, and 75 percent off the refuse, recycling, and organics charges each month.	https://www.icgov.org/government/departments-and-divisions/finance/revenue-utilities/utility-discount-program	(319) 356-5066	410 E Washington St., Iowa City, IA 52240	

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Iowa Department for the Blind	Blind and Visually Impaired Services	The Iowa Department for the Blind helps empower blind and visually impaired Iowans to lead active and fulfilling lives. The Department educates and trains them in alternative techniques while instilling them with confidence for independent living and competitive job placement. These skills enable those with vision loss to fully participate in life, through work, family and community and helps them achieve their dreams.	Iowa Department for the Blind Department for the Blind	(515) 281-1333	524 Fourth Street Des Moines, IA 50309-2364	contact@blind.state.ia.us
Iowa Compass	Disability Services	Iowa Compass connects people with disabilities and complex health-related needs to services and supports in their communities throughout Iowa.	https://www.iowacompass.org/	(800) 779-2001	100 Hawkins Dr. #221, Iowa City, IA 52242	
Iowa Drug Card	Prescription Assistance	All residents of Iowa are eligible to get pharmacy discounts through this program. It may be used to provide savings on prescriptions not covered by your health insurance or Medicare part D. It may also be used instead of your insurance coverage when it offers greater savings than your copay.	https://iowadrugcard.com/			
Iowa Family Support Network	Family Services, Youth Services	Iowa Family Support Network (IFSN) is a statewide system that provides information and resources to expecting families or families with young children and professionals that serve them. You will find information that includes; family support services; group-based parent education programs; and prenatal services. Additional information on early intervention for infants and toddlers in Iowa is available.	https://www.iafamilysupportnetwork.org/	(888) 425-4371		iafamilysupportnetwork@everystep.org
Iowa Finance Authority	Housing Assistance	We help Iowans take life-changing actions every day; whether you're buying your first home, making a fresh start, hoping to continue your family's farming legacy or even working to upgrade a community's water quality infrastructure. We offer programs to assist in community development, including issuing tax-exempt bonds, providing the lowest cost funds for drinking water and wastewater facilities in Iowa and offering Iowa Title Guaranty, which provides guaranteed title to real property in Iowa.	Iowa Finance Authority Economic Development & Finance Authority	(515) 348-6200	Iowa Economic Development Authority 1963 Bell Avenue Suite 200 Des Moines, IA 50315	info@iowaeda.com
Iowa Harm Reduction Coalition	Substance Use Services	Provides comprehensive health and social services to people who use or inject drugs. Can provide risk reduction kits, naloxone kits, HIV/HCV rapid testing, fentanyl test strips, and operates a 24 hotline to answer questions related to safer injection, vein health, and wound care. Provides free transportation for individuals experiencing withdrawal symptoms from opioids to access Suboxone.	https://www.iowaharmreductioncoalition.org/	(319) 214-0540		hello@iowaharmreductioncoalition.org

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Name of Organization	Categories	Programs	Website	Phone Number	Address	Email
Iowa Health and Wellness Program	Health Insurance	The Iowa Health and Wellness Plan (IHAWP) provides comprehensive health coverage at low or no cost to Iowans between the ages of 19 and 64. Eligibility is based on household income.	https://hhsservices.iowa.gov/apspssp/sp.portal		Iowa Medicaid, Iowa Health and Wellness Plan Contributions, PO Box 14485, Des Moines, IA 50306	
Iowa Legal Aid	Legal Services, Older Adult Services, Veteran Services	Iowa Legal Aid is a nonprofit organization providing critical legal assistance to low-income and vulnerable Iowans who have nowhere else to turn. Along with volunteer lawyers throughout the state, Iowa Legal Aid helps the legal system work for those who cannot afford help with legal issues.	https://www.iowalegalaid.org/organization/iowa-legal-aid-iowa-city-regional-office	(800) 532-1275	125 S Dubuque St., Suite 4A, Iowa City, IA 52240	
Iowa Poison Control	Healthcare Services	The Iowa Poison Control Center can help with questions about household products, drugs (prescription, over-the-counter, herbal, illegal, or animal medicines), chemicals at work or in the environment, snake bites, spider bites, and plant and mushroom poisonings. Services are available for the hearing impaired and non-English speaking. Available 24 hours / 7 days a week.	https://www.iowapoisson.org/	(800) 222-1222		
Iowa Rent Reimbursement	Financial Assistance, Housing Assistance	If you're a low-income Iowan aged 65 or older or a low-income disabled adult you may be eligible for a partial reimbursement of your rent.	https://benefits.stateofiowahhs.org/program/rentreimbursement			
Iowa Safe Schools	LGBTQ Services	Provide safe, supportive, and nurturing learning environments and communities for LGBTQ youth through education, outreach, advocacy, and direct services. offer support and resources to parents and caregivers on how to ensure that students have support not just at school, but at home as well.	https://iowasafeschools.org/	(515) 381-0588		
Iowa Trans Mutual Aid Fund	LGBTQ Services, Healthcare Services	The Iowa Trans Mutual Aid Fund was founded in June 2021. The organization was founded on the belief that every Trans, Nonbinary, and Gender Diverse Iowa should have access to gender-affirming care. ITMAF provides small grants to Iowans seeking this care throughout the state.	https://www.iowatransmutualaidfund.org/			iowatransmutualaidfund@gmail.com
Iowa Valley Habitat Construction	Housing Assistance, Financial Assistance, Home Rehabilitation	Locally, Iowa Valley Habitat for Humanity has constructed and renovated over 150 homes in Cedar, Iowa, Johnson and Washington counties since 1992.	https://www.iowavalleyhabitat.org/	(319) 337-8949	2401 Scott Blvd., Iowa City, IA 52240	info@iowavalleyhabitat.org
Iowa Valley Habitat for Humanity Re-Store	Furniture Assistance	The ReStore is a 10,000 square foot treasure chest filled with new and used building and housing materials. Anyone, regardless of income, can purchase materials (anything from paint and nails to cabinets, appliances and furniture) all at affordable prices.	https://www.iowacityrestore.com/	(319) 338-5687	2401 Scott Blvd., Iowa City, IA 52240	info@iowavalleyhabitat.org

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Name of Organization	Categories	Programs	Website	Phone Number	Address	Email
Iowa Vocational Rehabilitation	Disability Services, Employment Services	Works with Iowans with disabilities and help them find successful employment across the workforce.	https://workforce.iowa.gov/locations/iowa-city-vr-area-office	(319) 354-4766	1700 S. 1st Ave., Eastdale Plaza Suite 11-A, Iowa City, IA 52240	IVRSICAOferrals@iowa.gov
IowaWORKS	Employment Services	One-on-one career assistance, virtual workshops and resume building, labor market information, unemployment assistance, and connection to training and workforce programs.	https://workforce.iowa.gov/locations/iowa-city-satellite	(319) 351-1035	1700 S. 1st Ave., Eastdale Plaza Suite 11-B, Iowa City, IA 52240	IowaCityIowaWORKS@iwd.iowa.gov
I-Smile	Dental Services	Dental hygienists provide dental screenings, apply fluoride, and provide education for children, coordinate dental appointments, helps find payment sources for dental care, and transportation resources.	https://hhs.iowa.gov/programs/programs-and-services/dental-and-oral-health/i-smile	(319) 688-5906	855 S. Dubuque St., Iowa City, IA 52240	rhackett@johnsoncountyiowa.gov
Johnson and Washington County Toys for Tots	Youth Services	Provides free toys, books, and games for children in low-income households in the month of December.	https://iowa-city-ia.toysfortots.org/local-coordinator-sites/lco-sites/default.aspx?nPageID=0&nPreviousWind=0&nRedirectInd=3	(319) 536-1672	1116 S Gilbert St., Iowa City, IA 52240	iowa.city.ia@toysfortots.org
Johnson County Aging Specialist	Older Adult Services	Assist older adults and/or caregivers by providing information, referrals, aid in accessing supportive services, and care coordination. Provide family caregiver counseling, support, resource, and referral services. Provide follow up to ensure individuals access needed services. Provide application and paperwork assistance.	https://www.johnsoncountyiowa.gov/aging	(319) 356-6090	855 S. Dubuque St., Suite 202B, Iowa City, IA 52240	jkelbach@johnsoncountyiowa.gov
Johnson County Empowerment	Youth Services	Care Coordination for coordinated intake and referral services for families with children age 0-5 years are provided through Community Empowerment. Families may receive help to apply for State Child Care Assistance, Head Start, and other community-based programs or to enroll in early education scholarship programs.	https://www.johnsoncountyiowa.gov/empowerment-early-childhood-iowa-area	(319) 356-6090	855 S. Dubuque St., Suite 202B, Iowa City, IA 52240	empower@johnsoncountyiowa.gov
Johnson County General Assistance	Financial Assistance, Housing Assistance, Utility Assistance	General Assistance (GA) provides short-term help to Johnson County residents in extreme financial crisis. Financial assistance is available to address the following needs: rent, utilities, provisions, transportation, prescriptions, pet food and funeral expenses.	https://www.johnsoncountyiowa.gov/social-services/general-assistance-program	(319) 356-6090	855 S. Dubuque St., Suite 202B, Iowa City, IA 52240	generalassistance@johnsoncountyiowa.gov
Johnson County Livable Community Housing Search	Housing Assistance	Senior Housing and Residential Care listings	https://www.johnsoncountyiowa.gov/service-directory/senior-housing-residential-care	319-356-6090	855 S. Dubuque St. Suite 202B, Iowa City, IA 52240	livablecommunity@johnsoncountyiowa.gov
Johnson County Mobility Coordinator	Transportation Services	Johnson County's single point of contact for transportation referrals, education, and community outreach. Residents of Johnson County can receive support in planning a trip, learn how to understand the bus routes, access transportation services.	https://www.johnsoncountyiowa.gov/mobility	(319) 356-6090	855 S. Dubuque St., Suite 202B, Iowa City, IA 52240	kschneider@johnsoncountyiowa.gov

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Name of Organization	Categories	Programs	Website	Phone Number	Address	Email
Johnson County Navigators	Care Coordination, Case Management	Navigator Services assist individuals/caregivers by providing information, referrals, aid in accessing supporting services, and care coordination. Provide advocacy, support, and short-term coordination of services, provide follow-up to ensure consumer received needed services, provide application and apperwork assistance for social service programs	https://www.johnsoncountyiowa.gov/social-services/navigator-services	(319) 356-6090	855 S. Dubuque St., Suite202B, Iowa City, IA 52240	socialservices@johnsoncountyiowa.gov
Johnson County Public Health	Dental Assistance, Food Assistance, Health Services, Reproductive Health Services	Johnson County Public Health services Johnson County residents with Women, Infant, and Children (WIC) services, sexual health and testing, disease prevention, food licensing and inspections, and more.	https://www.johnsoncountyiowa.gov/department-of-public-health	(319) 356-6040	855 S. Dubuque St., Suite 113, Iowa City, IA 52240	JCPublicHealth@johnsoncountyiowa.gov
Johnson County Seats	Transportation Services	The SEATS department provides rides to senior citizens, people with disabilities, and others who may otherwise find it difficult to conduct daily transactions. SEATS vans regularly transport people to doctor's appointments, grocery stores, and other destinations providing its clients with a necessary and reassuring degree of freedom.	https://www.johnsoncountyiowa.gov/department-of-seats	(319) 339-6125	4810 Melrose Ave, Iowa City, IA 52240	dalam@johnsoncountyiowa.gov
Johnson County Victim - Witness Assistance Program	Abuse Prevention, Victim Services	Helps victims understand their part in the criminal justice system and to help the system take needs into consideration. The Victim-Witness Coordinator and the volunteer staff can keep victims informed of the progress of their case, accompany victims if they have to go to court, help victims apply to receive restitution from the defendent, and inform victims of their rights.	https://www.johnsoncountyiowa.gov/county-attorney/victim-witness-assistance	(319) 339-6100	500 S. Clinton St. Ste400, Iowa City, IA 52244	mluze@johnsoncountyiowa.gov
Kids First Law Center	Abuse Prevention, Legal Services, Youth Services	Provides children a voice in divorce, custody, and other conflicts by providing focused legal representation and services for kids. Create stability for children, lessen the effect of conflict on kids, connect families to support systems and needed resources, and make children's voices heard.	https://www.kidsfirstiowa.org/	(319) 365-5437	420 6th St. SE, Ste. 160, Cedar Rapids, IA 52401	
Kirkwood	Education Services, English Language Learning	Located in Coralville, within Johnson County, Kirkwood's Regional Center at the University of Iowa provides local learners in our Iowa City area with traditional college credit programming and a wide variety of other services and support. Aside from traditional programming, current high school students can earn early college credit, students can access Continuing Education courses, take college readiness exams, and have access to career counseling, financial aid, and academic advising services.	https://www.kirkwood.edu/explore/locations/uofi-regional	(319) 358-3100	2301 Oakdale Blvd, Coralville, IA 52241	

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Latinas Unidas Por Un Nuevo Amanecer (LUNA)	Advocacy Services, Abuse Prevention, Domestic Violence Services, Sexual Assault Services,	Latina Unidas Por Un Nuevo Amanecer (L.U.N.A.) provides support, advocacy, and empowerment for victims and survivors of sexual assault and domestic abuse.	https://www.lunaiowa.org/	(319) 242-7536	16 E Main St., Suite 190, Marshalltown, IA 50158	info@lunaiowa.org
Lavender Legal Center	Abuse Prevention, Legal Services, LGBTQ Services	Lavender Legal Center provides legal representation and related advocacy by and for LGBTQ+ people on a sliding scale fee.	https://www.lavenderlegalcenter.org/	(319) 214-2076	PO Box 31., Cedar Rapids, IA 52406	info@lavenderlegal.org
Lifeline	Internet Services, Telephone Services	Lifeline is a federal program that offers a monthly benefit of up to \$9.25 towards phone or internet services for eligible subscribers (up to \$34.25 for those living on Tribal Lands).	https://www.lifelinesupport.org/			
Lone Tree Food Pantry	Food Assistance	Food pantry services.	http://www.lonetreeiowa.com/	(319) 629-4900	110 West Elm St., Lonetree, IA	
Lone Tree Senior Dining	Food Assistance	The community dining staff prepare hot, nutritious meals Monday through Friday, serving at 11:45am, for all members of our community, and Nichols. All ages are welcome!	http://www.lonetreeiowa.com/lg_combuilding.htm	(319) 629-5144	203 1/2 North Devoe Street, Lone Tree, IA	
Mayor's Youth	Day Habilitation, Mental Health Services, Residential Services	MYEP is a non-profit organization dedicated to providing advocacy and person-centered services which facilitate personal growth and community inclusion to people with disabilities. Offers a residential supported community living program and an adult day program.	https://myep.us/	(319) 341-0060	407 Highland Ct., Iowa City, IA 52240	info@myep.us
MerckHelps	Prescription Assistance	Provides certain medicines and adult vaccines for free to people who do not have prescription drug or health insurance coverage.	https://www.merckhelps.com/	(800) 727-5400		
Miracles in Motion Therapeutic Equestrian center	Disability Services, Mental Health Services	At Miracles in Motion Therapeutic Equestrian Center we use horses to work effectively with adults and children who, due to disabilities or complex medical conditions, need assistance in developing the kinds of everyday skills that allow them to function more independently at home, school, or work. We offer several options for people with physical, motor, social, or cognitive disabilities, including therapeutic riding classes, hippotherapy sessions, unmounted programs, or a combination to aid in rehabilitation, therapy routines, and strengthening. Scholarships available.	https://miraclesinmotion.com/	(319) 857-4141	2049 120th St. NW., Swisher, IA 52338	miraclesinmotion@gmail.com
Mobile Health Clinic	Healthcare Services	Provide free health screening, prevention, education, and basic health services to underserved populations in and around Iowa City.	https://iowamobileclinic.org/	(319) 535-2684		uimobileclinic@gmail.com

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Name of Organization	Categories	Programs	Website	Phone Number	Address	Email
Monsoon	Abuse Prevention, Domestic Violence Services, Human Trafficking Services, Sexual Assault Services	Monsoon Asians & Pacific Islanders in Solidarity (formerly Monsoon United Asian Women of Iowa) provides comprehensive services to victims/survivors of domestic violence, sexual assault, and human trafficking in Asian and Pacific Islander (API) communities in Iowa. Monsoon's mission is to eradicate gender-based violence and foster healthy communities through transformative justice and meaningful social change.	https://monsooniowa.org/	(319) 466-9000	Eastdale Plaza 1700 S. 1st Ave. Suite 18 Iowa City, IA 52240	contact@monsooniowa.org
NAMI Johnson County	Mental Health Services, Peer Support Services	Support groups for individuals and family members of those experiencing mental illness.	https://namijc.org/	(319) 337-5400	1531 S. Gilbert St., Iowa City, IA 52240	
Narcotics Anonymous	Substance Use Services	If you or someone you care for has been affected by drug addiction, you have likely heard of Narcotics Anonymous (NA) meetings. You may be wondering if 12-step programs like this work or if NA could work for someone like you. NA and other 12-step programs offer regularly scheduled meetings for people who want to quit using substances. When coming together, often weekly, NA members share their drug-related experiences and provide one another with support, encouragement, and guidance.	https://www.narcotics.com/na-meeting/unity-group-3/	(515) 784-0524	511 Melrose Ave, Iowa City, IA 52246	
Neighborhood Centers of Johnson County	Childcare Services, Family Services, Youth Services,	Neighborhood Centers is a community-based, family-centered, human services agency serving Johnson County. We operate two community centers in Iowa City and provide outreach and programing to an additional five targeted neighborhoods and a dozen schools.	https://ncjc.org/index.html	(319) 354-2886	PO Box 2491, Iowa City, IA 52244	ncjc@ncjc.org
NISAA	Abuse Prevention, Domestic Violence Services, Immigrant Services, Refugee Services, Sexual Assault Services	Nisaa African Family Service's mission is to end domestic violence and sexual assault in African Immigrants and Refugee communities by promoting social, economic and political self-determination of all women; it seeks to build healthy communities through transformative justice and social change. 24-hour helpline: 844-269-6203	https://nisaa-afs.org/	(319) 338-7617	1700 S 1st Ave Suite 21, Unit A and B	
North Liberty Community Pantry	Clothing Assistance, Food Assistance	North Liberty Community Pantry engages our community in feeding, clothing, and connecting our neighbors to resources and services. Individuals and families who need food or clothing are welcome to come to the Pantry who are from North Liberty or rural areas in Johnson County. Food delivery also available.	https://www.nlcpantry.org/	(319) 626-2711	Iowa City, Iowa 52240	info@nlcpantry.org
North Liberty Transportation Assistance Program	Transportation Services	For \$1 per ride, qualified North Liberty residents can call a taxi (contracted with Yellow Cab and Yellow Transport) to pick up groceries, get to the bank, visit a doctor, connect to a bus, or certain other essential quality-of-life trips	https://northlibertyiowa.org/residents/transit/transportation-assistance-program/	(319) 626-5918	North Liberty City Hall, 360 Main St, North Liberty, IA 52317	transit@northlibertyiowa.org

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Name of Organization	Categories	Programs	Website	Phone Number	Address	Email
Nursing Home & Home Health Complaint Hotline	Abuse Prevention, Older Adult Services	If suspected dependent adult abuse is occurring in a health-related facility, contact the Iowa Department of Inspections and Appeals Nursing Home and Home Health Complaint Hotline		(877) 686-0027		HFD_Complaint@dia.iowa.gov
Open Heartland	Clothing Assistance, Food Assistance, Youth Services	Provides basic necessities including food, clothes, hygiene, connections to local resources, youth and adult enrichment programs.	https://openheartland.org/			
Optimae	Mental Health Services	Services have grown to include community-based, behavioral health, home health, supported employment, rehabilitation and residential services.	https://optimaeliveservices.com/	(319) 499-5522	2460 Towncrest Dr., Suite 1, Iowa City, IA 52240	tliptak@optimaeliveservices.com
Path of Hope	Case Management, Immigrant Services	Immigration services, education services, case management, mentoring	https://path-of-hope.org/	(319) 338-5390	2000 James St Suite 215, Coralville, IA 52241	info@path-of-hope.org
Pathways Adult Day Health Center/Aging Services	Day Habilitation, Mental Health Services, Older Adult Services	Pathways Adult Day Health Center provides cognitively and physically stimulating programming, assistance with personal care, and nursing services for adults with physical, cognitive or mental health challenges. Our program provides opportunities for socialization for the participant as well as providing respite for caregivers.	https://www.unitypoint.org/locations/unitypointhealth---abbehealth-services-pathways-adult-day-health-center---iowa-city	319-339-6162	817 Pepperwood Lane, Iowa City, IA 52240	
Payee Services and Solutions	Payee Services	Provides representative payee services for Social Security benefits.	https://www.payeesands.org/	3193585733	407 Highway 1 W, Iowa City, IA 52246	PayeeSandS@gmail.com
Planned Parenthood	LGBTQ Services, Reproductive Health Services	Birth Control, Emergency Contraception, Gender-Affirming Care, HIV Services, Mental Health Services, pregnancy Testing and Planning, Prenatal and Post Partum Services, STD Testing and Treatment, Sexual and Reproductive Concerns, Vaccines, Wellness and Preventative Care	https://www.plannedparenthood.org/health-center?location=52240&service=&channel=any	(877) 859-0551	850 Orchard St., Iowa City, IA 52246	
Project Lifesaver	Safety Services	Project Lifesaver is the premier search and rescue program operated internationally by public safety agencies, and is strategically designed for “at risk” individuals who are prone to the life-threatening behavior of wandering. The primary mission of Project Lifesaver is to provide timely response to save lives and reduce potential injury for adults and children with the propensity to wander due to a cognitive condition. Find out more about the program by filling out the Project Lifesaver Information Request Form.	http://www.jecc-ema.org/ema/lifesaver.php	(319) 356-6762	4529 Melrose Ave, Iowa City, IA 52246	travis.beckman@jecc-ema.org
Quitline iowa	Substance Use Services	Quitline is a free tobacco cessation program. Professional quit coaches and an online community provide support needed. Connection to resources like nicotine quit medications.	https://www.quitlineiowa.org/en-US			

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Proteus	Employment Services, Health Care Services	Proteus provides agricultural workers and their families with affordable health care, education assistance, and job training.	https://www.proteusinc.net/what-we-do/where-we-work/iowa/	(800) 372-6031	1548 S. Gilbert St., Iowa City, IA 52240	https://www.proteusinc.net/
R Place	Peer Support Services	Activities, classes, groups, fun, games, arts and crafts, outings, holiday activities, peer-led meeting place, restorative environment, safe, nurturing, non-judgmental community. R Place offers free phone or Zoom calls and texts with a Peer Support Specialist. Receive remote emotional support, help with referrals, coping skills, and more!	https://namijc.org/r-place/	(319) 354-3455	702 S. Gilbert St, Suite 111, Iowa City, IA 52240	rplace@namijc.org
Reach for Your Potential	Brain Injury Services, Disability Services, Day Habilitation Services, Disability Services, Payee Services	RFYP provides hourly and 24-hour supported community living services. Service hours are available seven days a week during times individuals would like staff. From medical monitoring to daily living skills training and active community involvement, we strive to support our members' development of interpersonal relationships, pre-employment skills, and/or educational development.	https://rfyp.org/	(319) 354-2983	1705 S. First Ave, Suite I Iowa City, IA 52240	
Refugee Services	Refugee Services	The Iowa Bureau of Refugee Services (BRS) supports refugees in Iowa. Support with housing, transportation, employment, wellness, legal services, community engagement, and interpretation services.	https://hhs.iowa.gov/programs/programs-and-services/refugee-services	(515) 344-3675		brsrefugee@dhs.state.ia.us
REM Iowa	Brain Injury Services, Disability Services	Intermediate Care Facilities (ICF) that offer personalized support for adults and children with Intellectual and Developmental disabilities (ID). Provides home and community based services and intermediate care facility services.	https://www.remiowa.com/coralville2/	(319) 834 - 1155	2570 Holiday Road, Suite 120 Coralville, IA 52241	
Resources for Indigenous Survivors & Empowerment (RISE)	Abuse Prevention, Domestic Violence Services, LGBTQ Services, Sexual Assault Services	RISE exists to increase positive outcomes for Native women, children, and their families who are victims/survivors of domestic violence and/or sexual assault and provide outreach/prevention services for the community. In addition to serving women and children, we also proudly work with men, people who cause harm, vulnerable adults, the elderly, and LGBTQIA.	https://www.meskwaki.org/family-services/#RISE	(641) 481-0334	349 Meskwaki Rd., Tama, IA 52339	
Ronald McDonald House	Housing Assistance	Direct Intervention Assistance	https://rmhc-eiwi.org/	(319) 500 - 7642	730 Hawkins Drive Iowa City, IA 52246	
Ryan White HIV Clinic	HIV/AIDS Services	Collaboration	https://www.linncountyiowa.gov/231/15840/Ryan-White-Medical-Case-Management	(319) 892-5770	Jean Oxley Linn County Public Service Center, 935 2nd St SW, Cedar Rapids, IA 52404	

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Safe at Home	Abuse Prevention, Domestic Violence Services, Human Trafficking Services, Sexual Assault Services	Outreach	https://safeathome.iowa.gov/	(515) 725-7233	PO Box 959, Des Moines, IA 50304	
Salvation Army of Johnson County	Family Services	Education/Prevention	https://centralusa.salvationarmy.org/iowacity/	(319) 337-3725	1116 Gilbert Court Iowa City, IA 52240	
Scouts of America	Youth Services	Provides programs aimed at developing leadership, positive character, citizenship, and personal fitness. The program provides young people a foundation they can stand on to embrace opportunity, overcome obstacles, and make new discoveries.	https://hawkeyebsa.org/	(319) 862 - 0541	660 32nd Avenue SW Cedar Rapids IA 52404	
Shelter House	Emergency Shelter, Employment Services, Financial Assistance, Housing Assistance, Homeless Services, Mental Health Services	Emergency shelter with supportive case management. Street outreach services. Eviction Prevention services. Permanent Supportive Housing. Recovery program for people with mental illness who are seeking community, peer support, longterm stable housing, supported employment, and mental health stability.	https://shelterhouseiowa.org/	(319) 351 - 0326	429 Southgate Avenue Iowa City, IA 52240	info@shelterhouseiowa.org
Social Security	Disability Services, Financial Assistance	Social Security Disability Insurance (SSD or SSDI) is a government program managed by the Social Security Administration and designed to provide income supplements to people who are restricted in their ability to be employed because of a notable disability. Supplemental Security Income (SSI) program pays benefits to disabled adults and children who have limited income and resources. SSI benefits also are payable to people 65 and older without disabilities who meet the financial limits. Medicare is a federal health insurance program for people age 65 or older. The program helps with the cost of health care. A person must apply for the program through the Social Security Office. Retirement & Survivors Benefits.	https://www.ssa.gov/	(866) 964-2039	1100 6th Street - Suite 100 Coralville IA 52241	
Solon Community Food Pantry	Food Assistance	Food available for pickup	http://soloniaumc.org/	(319) 321-5232	122 N West St, Solon, IA 52333	
St. Andrew's Food Market	Food Assistance	Once a month, we offer free food to the community. The food is provided by HACAP and the church's Lettuce Feed Others community garden. Selection varies from month to month, but usually includes staples like cereal, bread, rice, beans, soup, baking items, vegetables, canned meat, and baked goods. Other items that are available on a periodic basis are diapers, baby wipes, frozen meat, and cheese.	St. Andrew Presbyterian Church Food Market	(319) 338-7523	140 Gathering Place Lane Iowa City, IA 52246	

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St. Raphael Food Pantry	Food Assistance	All are welcome to receive food from the pantry, including church members.	https://www.raphaelchurch.org/food-pantry.html	(319) 337-6784	722 E. College, Iowa City, IA 52240	straphaelfoodpantry@gmail.com
Successful Living	Disability Services, Housing Assistance, Mental Health Services	Development of skills and support through hands on training such as: budgeting, housing, education, communications, socialization, self-care, nutrition, meal planning, conflict resolution and interpersonal skills.	https://icsuccess.org/	(319) 358-6800	2406 Towncrest Dr, Iowa City, IA 52240	
Supplemental Nutrition Assistance Program (SNAP)	Food Assistance	The Supplemental Nutrition Assistance program (SNAP) provides benefits to supplement the food budget of income-eligible families so they can purchase healthy foods. Can apply online, paper application, or over the phone.	https://www.iowa.gov/how-do-i-apply-food-assistance	(855) 944-3663	Cedar Rapids Service Area, Imaging Center 4, PO Box 2027, Cedar Rapids, IA 52406	imagingcenter4@dhs.state.ia.us
Survivors Program - Waypoint	Abuse Prevention, Crisis Services	Advocates for individuals who have lost a family member or friend through homicide or vehicular homicide. Support is also given to victims of violent felony crimes such as kidnapping, robbery, and attempted murder. All services are free and confidential. Services are emergency crisis support, information and referrals, support groups and crisis counseling, case coordination, death notification, body viewing, assistance with funeral arrangements, crime scene cleanup, acting as a media liaison, attending hearings, testifying preparation, housing search, etc.	https://www.waypointservices.org/what-we-do/survivors-program	(319) 531-7002	318 5th St. SE, Cedar Rapids, IA 52401	
Swaim Youth Center	Youth Services	The Swaim Youth center offers youth an intentional place to build relationships with positive adults and their peers. While hanging out at the Youth Center, junior high and high school students can choose to watch a movie, play video games, create art, record music, or connect with their peers. UAY staff are trained in Positive Youth Development, which allows them to build meaningful relationships with young people.	https://www.unitedactionforyouth.org/y c	(319) 338-7518	355 Iowa Ave, Iowa City, IA 52240	kylie.buddin@unitedactionforyouth.org
Systems Unlimited	Disability Services, Mental Health Services	Individualized support services for people with developmental disabilities and mental health needs. Offers employment services, supported living, behavioral health solutions, and therapy.	Systems Unlimited, Inc Changing Lives... One at a Time	(319) 338-9212	2533 Scott Blvd SE, Iowa City, IA 52240	
Tanager Place	Family Services, Mental Health Services, Substance Use Services, Youth Services	Residential programs, Summer Camps, Psychiatric Medical Institute for Children, Care Facilities, Freedom Schools, LGBTQ+ Youth Center, and therapy.	Tanager Child & Teen Counseling. Family Therapy	(319) 286-4520	250 12th Ave, Coralville, IA 52241	
The Arc of Southeast Iowa	Childcare Services, Disability Services, Youth Services	Childcare for children, Support services, Advocacy, Supported Employment, Summer Camp, After School Program, Day Habilitation, Group Respite	https://www.arcsei.org/	(319) 351-5017	2401 Towncrest Dr, Iowa City, Iowa 52240	

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Thrive Together	Advocacy Services, Deaf, Hard of Hearing Services, Crisis Services, Domestic Violence Services, Education Services, Housing Assistance, Peer Support Services, Victim Services	Thrive Together works to help improve the lives of Deaf, hard of Hearing, and individuals with hearing loss. Offers a variety of culturally specific services that include a crisis hotline, advocacy, and peer support.	https://www.thrivetogethertoday.org/	(319) 531-7719	1660 42nd St., Suite R, Cedar Rapids, IA 52402	help@thrivetogethertoday.org
Trans Lifeline	Transgender Services, LGBTQ	Hotline and microgrants offering direct emotional and financial support to trans people in crisis. Microgrants for name changes, commissary for individuals who are incarcerated, gender-affirming hair removal.	https://translifeline.org/	(877) 565-8860		
TRAIL of Johnson County	Older Adult Services	TRAIL is a membership-based nonprofit organization whose mission is to help older adults live safely and comfortably in the places they call home through access to volunteer services, social and cultural events, and an online vendor recommendations forum.	TRAIL of Johnson County Iowa Aging in Place Independent Living	(319) 800-9003	28 S. Linn Street, Room G03 Iowa City IA 52240	info@trailofjohnsoncounty.org
Thrive Now Recovery Centers	Detox Services, Substance Use Treatment	The facility in Iowa City, IA offers Detox & Stabilization, Short-Term Residential, and Medication-Assisted Treatment (MAT) services. Detox may be the first step to overcoming addiction and oftentimes uses medication-assisted treatment for assistance. After detox is completed, clients will transition to short-term residential treatment where you will continue to be in a substance-free environment and simultaneously learn how to develop healthy coping skills.	https://thrivenowrc.com/locations/iowa-city/	(515) 824-5154		info@thrivenowrc.com
Thrive Together	Deaf, Hard of Hearing, Deaf-Blind Services	Works to end domestic violence and sexual assault within the Deaf, Hard of hearing, and Deaf-Blind community. Services include peer counseling, advocacy, community education, prevention education, housing advocacy, and a crisis hotline.	https://www.thrivetogethertoday.org/	(319) 531-7719	1660 42nd St. Suite R, Cedar Rapids, IA 52402	help@thrivetogethertoday.org
The Trevor Project	Crisis Services, LGBTQ Services	Crisis counselors are trained to answer calls, chats, or texts from LGBTQ+ young people who reach out on our free, confidential and secure 24/7 service when they are struggling with issues such as coming out, LGBTQ+ identity, depression, and suicide. Text "START" to 678-678	https://www.thetrevorproject.org/	(866) 488-7386		advocacy@thetrevorproject.org
UIHC Child & Adult Psychiatry	Mental Health Services	From inpatient to outpatient, we provide comprehensive care to children, adolescents, adults and older adults in a safe, comfortable, and confidential setting.	https://uihc.org/services/psychiatry	(319) 353-6314	200 Hawkins Dr, Iowa City, IA 52242	

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UIHC MAT Clinic	Substance Use Treatment	MAT is the combination of medications to treat addiction along with counseling and behavioral therapies. Our clinic offers all of these components of the treatment, and our providers will help you decide which combination of treatments is best for you.	Opioid Addiction Clinic University of Iowa Health Care	(319) 384-8765	200 Hawkins Dr, Iowa City, IA 52242	uiarc@healthcare.uiowa.edu
United Action for Youth	Crisis Services, Family Services, Health Services, Housing Assistance, LGBTQ Services, Mental Health Services, Substance Use Services, Youth Services	Youth Centers, Young Parent Services, Health Education, Youth Groups, Transitional Living Program, Art Programs, Music Programs, Crisis, Advocacy, & Mediation Program (CAAMP), Counseling services, Runaway & Homeless Youth services.	https://www.unitedactionforyouth.org/	(319) 338-7518	1700 S. 1st Ave #14, Iowa City, IA 52240	
University of Iowa Addiction & Recovery Collaborative	Substance Use Treatment	UI ARC is a division of the Department of Psychiatry that brings together clinicians, researchers, educators, and recovery advocates to support individuals with substance use disorders throughout their recovery journey. Offers Medication for Addiction Treatment (MAT), outpatient therapy, substance use evaluations, and partial hospitalization-dual diagnosis program.	https://uihc.org/locations/medical-center/addiction-and-recovery-collaborative	(319) 384-8765	200 Hawkins Dr, Iowa City, IA 52242	uiarc@healthcare.iowa.edu
Veterans Affairs	Veteran Services	Provides short-term monetary help to Johnson County residents who are military veterans and in extreme financial crisis. Offers a safety net for those not eligible for other government programs. Financial assistance may be available to address rent & utility expenses. Assist Veterans who served in the armed forces of the United States and their dependents in applying for benefits and programs that they are eligible for at the Federal, State, and County level.	https://johnsoncountyiowa.gov/department-of-veterans-affairs	(319) 356-6049	855 S Dubuque St - Suite A & C (Box #15) Iowa City IA 52240	va@johnsoncountyiowa.gov
Visiting Nurse Association	Healthcare Services	Providing health services to individuals in their home and in community settings. The VNA provides in-home medical services to individuals ranging in age from infants to elders with acute and chronic illness or disability. VNA has a nurse on call 24 hours a day for patient concerns.	https://vnaic.org/	(319) 337-5566	1524 Sycamore St., Iowa City, IA 52240	
Volunteer Income Tax Assistance (VITA)	Financial Assistance	The IRS Volunteer Income Tax Assistance (VITA) Program offers free tax help to people who need assistance in preparing and filing their tax return.	https://johnsoncountyiowa.gov/vita	(319) 356-6090	Iowa City Public Library, 123 S. Linn St., Iowa City	vita@johnsoncountyiowa.gov
VRSI - Vocational Rehabilitation Services	Employment Services, Disability Services	Works with Iowans with disabilities to find successful employment across the workforce.	https://workforce.iowa.gov/vr	(319) 354-4766	Eastdale Plaza 1700 S. 1st Ave. Suite 11-A Iowa City, IA 52240	

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WIC	Food Assistance	Special checks to purchase healthy foods from local grocery stores; Health and nutrition counseling by registered nurses and registered dietitians Help in finding a doctor, dentist, immunizations (shots) and other community services; Nutrition groups on how to make baby food, why and how to breastfeed, nutrition story-time, cooking classes, food tastings and more; An exceptional breastfeeding component that includes peer counselors, an electric pump loan program and breastfeeding classes	https://www.johnsoncountyiowa.gov/clinical-services/wic-program	(319) 356-6042	Johnson County Health & Human Services Building 855 S. Dubuque Street, Suite 204, Iowa City, IA 52240-4281	clinic@johnsoncountyiowa.gov
Your Life Iowa	Crisis Services	Live support for Iowans both adults and youth experiencing difficulties with alcohol, drugs, gambling, suicide, mental health, brain injury, and more. Judgement free help either call, text, or live chat.	https://yourlifeiowa.org/	(855) 581-8111		