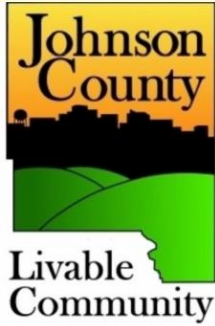


JCLC December 2025 Newsletter



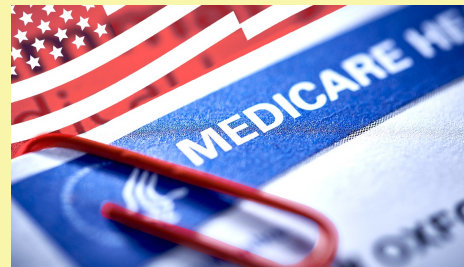
Johnson County Livable Community Information for Successful Aging

> the primary information resource for Seniors <

www.livablecommunity.org

Medicare Open Enrollment Ends December 7!

Medicare Open Enrollment runs from **October 15 to December 7**. This is your yearly opportunity to review and make changes to your Medicare coverage. Even if you're happy with your current plan, it's a good idea to compare options to ensure you're getting the best coverage and value for your needs in 2026. **Need help navigating your choices? Call [1-800-351-4664](tel:1-800-351-4664) to speak with a representative at Iowa SHIP.**



Medicare Part B Premium Updates

In late November, the Centers for Medicare and Medicaid (CMS) announced the 2026 cost of the Part B Premium. **The standard monthly premium for Medicare Part B enrollees will be \$202.90 for 2026, an increase of \$17.90 from \$185.00 in 2025.** Medicare Part B covers doctor visits, outpatient services, and more. **Medicare premiums are adjusted annually in response to rising healthcare costs and overall inflation.** To learn more visit: [CMS Factsheets](#) or read this [article from AARP](#).



LIHEAP

The Low-Income Home Energy Assistance Program (LIHEAP) is accepting applications for the new program year. **Individuals age 60 and over and/or disabled individuals will be able to apply October 1, 2025.** Applications will open for everyone else beginning November 1, 2025.

To be eligible, the total household income for an applicant must be at or below 200% of the 2023 federal poverty guidelines.

<u>Household Size</u>	<u>Annual Gross Income</u>
1	\$31,300
2	\$42,300
3	\$53,300

Click here for more information or to apply!

Become a VITA Volunteer!

Volunteer Income Tax Assistance (VITA) is a national IRS sponsored program that provides free tax preparation of federal and state tax returns for low-income households. On average, it costs a taxpayer nearly \$300 to have their return prepared and filed by a tax firm-- money that could be spent to support basic needs like food or rent.

Volunteers are critical to the success of the VITA program. There are two ways to get involved: being a greeter or being a tax preparer. **No prior tax experience is needed for either role!** Volunteers will complete IRS training to become certified tax preparers. **Training for volunteers will take place in December and tax clinics will start in late January through April.** Thank you for considering helping out with this important program!



Click here for more information or to sign up to volunteer!

December Community Meals

- **Free Community Meal:** Friday, December 12, 2025, 5:00-7:00 pm at Coralville Recreation Center (1506 8th St):
 - Hosted by Coralville Parks and Recreation, in partnership with the Coralville Community Food Pantry. Learn more at www.coralvillefoodpantry.org/events.



YOU ARE INVITED TO

FREE WINTER COMMUNITY MEAL

**EVERYONE
IS WELCOME!**

FOOD, DRINK, DESSERTS,
ENTERTAINMENT &
ACTIVITIES, AND VACCINES

**CORALVILLE
RECREATION CENTER**

1506 8TH STREET,
CORALVILLE, IA 52241

FRIDAY

12

DECEMBER

5 - 7PM



- **Luminary Soup Supper: Sunday, December 14, 2025, 4:00-7:00 pm at Coralville United Methodist Church (806 13th Ave)**
 - Enjoy a selection of homemade soups, bread or crackers, and delicious desserts. There is **no charge**, but free-will offerings to benefit a youth summer mission trip will be accepted. Event details can be found at [Coralville UMC Calendar](#).



Advice on Aging

Heritage Area Agency on Aging will begin hosting a monthly walk-in service for seniors and their caregivers to get connected with community resources. "Advice on Aging" will take place the third Thursday of each month from 10 a.m. – 12 p.m. at the Coralville Public Library's Study Room. Stop by to learn about care services, get help with Medicaid applications, discuss elder abuse concerns or chat about anything else on your mind. No appointment is needed and there is no charge for Heritage AAA services.

ADVICE ON AGING

Care services? Medicaid? Elder abuse concerns?
Aging is full of questions. Find the answers.



Third Thursday every month
10 a.m. – 12 p.m.
no appointment needed

Coralville Public Library
Study Room
1401 5th St



Area Agency on Aging

www.heritageaaa.org • 319-398-5559

Grand Babies

Join the Iowa City Public Library and the Iowa City Senior Center for **Grand Babies**, an intergenerational story time that brings together babies, caregivers, and older adults for interactive activities! This **free program** fosters early literacy, social connections, and sense of belonging across generations. The next event will be December 17th from 9-10am at the Iowa City Senior Center. Register here: [ICSC Activities](#).

 IOWA CITY
PUBLIC LIBRARY

 IOWA CITY
SENIOR CENTER
STAY ACTIVE | CURIOUS | CONNECTED

Grand Babies

Story Time with Little Ones



9:00 AM
Iowa City Senior Center Assembly Room, 1st Floor

2025 Dates

September 17

October 15

November 19

December 17

Winter Event Highlights

Cookie Walk and Vendor Fair at the North Liberty Community Center

Start off the holidays on **December 6** from **8am to 12pm** at the North Liberty Community Center (520 W. Cherry St). The Holiday Vendor Fair will have goods and crafts from over 30 local vendors. Get a sweet treat from Cookie Walk (all proceeds benefit the Friends of the North Liberty Library). For more information, visit the [North Liberty website](#).



Holiday Thieves Market & Fine Art Show

Browse amazing ceramics, jewelry, metal, painting, photography, sculptures and more at the annual Holiday Thieves Market! Over 90 artists, many of whom are local, will showcase their work at the Hyatt Regency in Coralville on December 6th and 7th. **Admission is free.** Find more information and preview some available art pieces here: [Summer of the Arts- Holiday Thieves Market](http://www.summerofthearts.org/holiday-thieves-market).



Coralville's Annual Aisle of Lights

All Coralville residents are invited to participate in the Aisle of Lights event on December 14th. See how thousands of white paper sacks, each filled with sand and a candle, create a magical scene on a winter evening! Miles of luminarias are available for viewing by foot or car. Learn more about this tradition and other Luminaria events at: [Coralville Aisle of Lights](http://www.coralville.org/aisle-of-lights).

Join us for Coralville's annual Aisle of Lights



Sunday, December 14, 2025 • 5:00-9:00 pm



Dear Neighbor,

Coralville's annual Aisle of Lights will be on Sunday, December 14, 2025, from 5:00 pm until 9:00 pm.

One night a year, thousands of white paper sacks, each weighted with sand and lit with a votive candle, create a magical scene on a winter evening.

All Coralville residents and businesses are invited to continue this community tradition that began in 1980. Light luminarias along your sidewalks, turn on your holiday lights, and tour Coralville's twinkling lights!

How to Participate

1. Gather luminaria supplies.
2. Place sacks, each with a candle and weighted with sand in the bottom, along your sidewalks.
3. **Light your candles on Sunday, December 14, 2025, from 5:00-9:00 pm.**
4. Enjoy! Please clean up luminarias on your sidewalks by 9:00 am on Monday.

Shine On

Consider joining your neighbors and help fill the night with twinkling lights in Coralville! If the weather does not cooperate, light luminarias as you are able.

With good cheer from your neighbor,

(Name)

(Address)

For more information about Aisle of Lights, call 319.248.1700 or see www.coralville.org/AisleofLights

Where to Get Supplies

Free sacks & sand
(begins Monday, Dec. 8):

- Parking lot of the Coralville Community Aquatic Center (1513 7th St.). Bring a container to take sand.

Free sacks only
(begins Monday, Dec. 8):

- Coralville City Hall (1512 7th St.)
- Coralville Recreation Center (1506 8th St.)

Votive candles

- Buy your own at area retailers

Winter Cheer Is Near

In addition to luminarias throughout Coralville, area organizations and businesses host festive activities on December 14, 2025, in Coralville.

See a list of events at www.coralville.org/AisleofLights



GreenState
CREDIT UNION

Sponsored by GreenState Credit Union. Sand donated by Hawkeye Ready Mix.

Holiday Lights at the Lake

A magical mile of dazzling animated light displays awaits at the West Overlook Campground! On some Wednesdays, walk through tours will be available, all other nights are drive through only. Tickets are available for \$10 per car and all proceeds benefit [The Birdhouse Hospice Home](#). To learn more, visit [Holiday Lights at the Lake](#).



OPEN NIGHTLY

Thanksgiving Eve
THROUGH
New Year's Eve

Holiday Lights

AT THE LAKE

Over 1 Mile of Magical Lights
WEST OVERLOOK CAMPGROUND, IOWA CITY

for a complete list of details
please scan or visit



holidaylightsatthelake.com

What's going on in JoCo?

Click the links below!

<u>North Liberty Senior Connections Lunch</u>	<u>TRAIL of Johnson County Events Calendar</u>	<u>Iowa City Senior Center -November & December Program Guide</u>	<u>Solon Senior Support Newsletter and events</u>
<u>Iowa City Events Calendar</u>	<u>North Liberty Events Calendar</u>	<u>Coralville Events Calendar</u>	<u>AARP Iowa Events Calendar</u>
<u>Upcoming Events at Hancher</u>	<u>Upcoming Events at the Stanley Museum of Art</u>	<u>Upcoming Events at the Englert Theatre</u>	<u>Alzheimer's Association Upcoming Events</u>



JoCo Livable Community | 855 S. Dubuque St., Suite 202B | Iowa City, IA 52240 US

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