



## Livable Community for Successful Aging Policy Board Meeting Agenda

Meeting date: Tuesday, December 9, 2025; 4:00pm – 5:30pm

Hybrid Meeting

### Meeting Minutes

- 1) Welcome & Introductions – Kalohn
  - a) Meeting was called to order at 4:08PM.
  - b) Present in-person: John Kalohn, Jeff Kellbach, Greg Smith
  - c) Present virtually: Lorraine Bowans, Hayley Crabb, Mandy Remington
  - d) Excused: Thomas McDanel, Lou Tassinary
  - e) Absent: Stacia Rath, Bill Quinn
- 2) Public Comment – Comments on items not on the agenda
  - a) None
- 3) Approval of November 2025 Meeting Minutes
  - a) Motion to approve the minutes by Smith, Second by Bowans, all in favor, motion passes.
- 4) Update from Aging Specialist – Kellbach
  - a) No update this month
- 5) Finance Updates – Smith
  - a) Charitable Giving Fund Balance is \$3,600
  - b) FY26 County Funds- \$4,500- approximately \$200 will be going out of the remaining funds for 6 months of Constant Contact.
- 6) Age Friendly University
  - a) John and Jeff met with Jennifer Jones, Violette Bray and Janel Meints from the Csomay Center. We are aligned on many goals and discussed 2 events (FilmScene and Riverside Theatre).
- 7) Community Survey Action Planning 1-4
  - a) Action Planning 1-4 Recap
    - i) Communication and Information
      - (1) Plan activities for Older Americans Month in May.
    - ii) Health Services and Community Supports
    - iii) Transportation
      - (1) John to reach out to Kelly Schneider to solicit suggestions
    - iv) Civic Participation and Employment
      - (1) Greg- Is this a partnership opportunity with the University of Iowa and/or Kirkwood Community College to offer certification opportunities for community members with scholarships subsidized by employers. Perhaps this already exists but could be tailored to older adults. Other ideas include: guest lectures, volunteer mentorship, classroom volunteers, etc.

- (2) Greg- Create a free or low-cost pass for older adults that gives access to a variety of activities such as fitness/yoga classes, art/music classes, gardening clubs, walking groups, game nights. This could be hosted by community rec centers, libraries, senior centers, Preucil School, etc.

b) Action Planning 5-8

i) Social Participation

- (1) Greg- Work with local organizations to develop a list of volunteer opportunities. Create a centralized online portal or integrate with an existing one (like VolunteerMatch, Idealist, etc) that lists opportunities by location, time commitment, skillset, accessibility, etc. Could this be integrated into the JCLC website? Discussion to see what United Way has already set up for Volunteers.
- (2) Greg- Create a free or low-cost pass for older adults that gives access to a variety of activities such as fitness/yoga classes, art/music classes, gardening clubs, walking groups, game nights. This could be hosted by community rec centers, libraries, senior centers, Preucil School, etc.
- (3) Speed Social was done at Senior Center- try to tie in organizations that are already have programs.
- (4) Thanksgiving Meals/ Holiday Meals- intergenerational events.
- (5) Connect with Hills Bank Friends Club
- (6) Hold a Senior Clothing Swap in partnership with Recycling Programs.

ii) Respect and Inclusion

- (1) Greg- Create and provide training opportunities for city/county staff and other community partners on age-friendly and inclusion practices.

iii) Housing

- (1) Co-Housing- funding is a limitation for Nesterly
- (2) Snow Removal Assistance for homeowners like Snow Buddies/ Winter Weather Warriors Programs. In North Liberty could we partner with their Neighborhood Ambassador Program.
- (3) Greg- TRAIL of Johnson County can assist seniors with light home repairs and maintenance. Additionally, create and share a guide or checklist for home modifications useful to aging in place (grab bars, ramps, stair rails, improved lighting, non-slip floors, etc). Is this also an opportunity to partner with Habitat for Humanity? Increasing JCLC Awareness.
- (4) Lorraine- Convert the 2 hotels that closed into Affordable Housing.
- (5) Lorraine- AARP Home Fit Program

iv) Outdoor Spaces and Buildings

- (1) Biking- Cycling Without Age
- (2) Encourage/ Promote Dementia Friendly Restaurants
- (3) Congregate Dining Site?

v) Disaster Planning

- (1) Look at Partnering with Johnson County Emergency Management, UI Public Health (Disaster Prepwise), AARP Programs.

8) Meeting dates for future meetings

- a) Policy Board Meeting- Tuesday, January 13, 2026, 4:00pm, hybrid
- b) Executive Committee Meeting- December 17<sup>th</sup>, 2025 4PM, virtual
- c) Policy Board Meeting- Tuesday, February 10, 2026, 4:00pm, hybrid

9) Future Meeting Topics

- a) Invite groups to speak or attend Policy Board Meetings such as the Csomay Center, TRAIL of Johnson County, Senior Center or people such as T'Shailyn Harrington from City of Iowa City or Jessica Andino with Johnson County Affordable Housing Coalition.

10) Announcements

- a) Facebook Page Link: <https://www.facebook.com/JCSocialServices>
- b) Latest Newsletter: <https://www.johnsoncountyiowa.gov/livable-community/newsletter>
- c) Lorraine announced that Senior Day at the Capitol will be February 16<sup>th</sup> and AARP will be at the Capitol on February 27<sup>th</sup>.

11) Adjournment

- a) Meeting was adjourned at 5:15PM

Johnson County Livable Community Mission Statement:  
Help Johnson County become a livable community where everyone can age successfully.