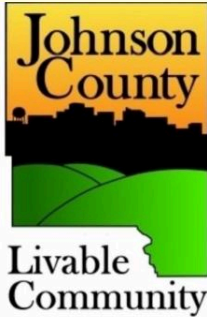


JCLC April 2026 Newsletter



**Johnson County Livable Community
Information for Successful Aging**

> the primary information resource for Seniors <

www.livablecommunity.org

***The Fiancé* at Riverside Theater Guided Discussion with JCLC on April 26!**

Come see a new play centering older adults at Riverside Theater! *The Fiancé* opens on April 16th and will continue through the first week of May!

After the **April 26** performance, there will be a talkback hosted in collaboration with **Johnson County Livable Community for Successful Aging**, featuring chair, **John Kalohn**, aging life coach & researcher **Mary McCall**, and FeatherStone's **Jordan Pahl**. This event is **free and open to the public**; you do not need to attend that day's performance to attend the talkback.

More information about *The Fiancé* can be found at: [The Fiancé - Riverside Theatre - Iowa City, Iowa](#)

Riverside Theatre Presents
THE FIANCÉ
A World Premiere by Emily Bohannon

When Bea moves to a retirement home to finally live the city life she dreamed of as a girl, she meets a new friend and unexpected suitor: Doug. When sparks fly (and Doug proposes!) she must overcome her family's objections and decide how she wants to spend the rest of her life...and with whom. This production brings five Riverside favorites to the stage, featuring Riverside's founders, Jody Hovland and Ron Clark, alongside Martin Andrews, Jessica Link, and Christina Sullivan.

For those who want to go deeper, Backstage Pass offers Riverdogs a rare and exciting opportunity to explore the process of bringing a world premiere to life – from the first rehearsal to opening night. Learn more about this at www.riversidetheatre.org.

FEATURING



MARTIN ANDREWS
Malcolm



RON CLARK*
Doug



JODY HOVLAND*
Bea

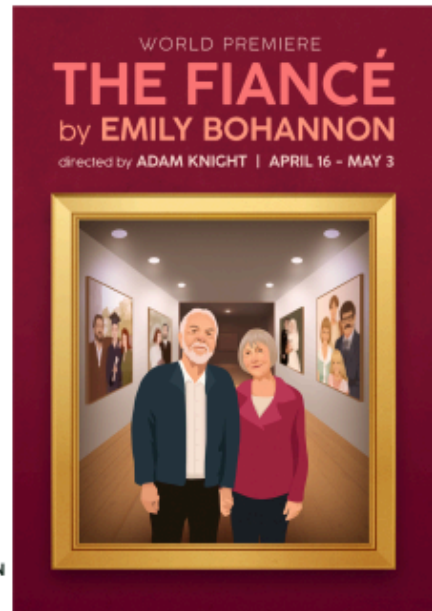


JESSICA LINK
Joan



CHRISTINA SULLIVAN
Alex

*Member of Actors Equity Association, the Union of Professional Actors and Stage Managers in the United States, appearing Under a Special Appearance Contract



The production is made possible by generous support from:

JOANN BELL
THE ROBERT E. YAGER CHARITABLE TRUST

PREVIEWS

Full performance, special pricing!

Thursday, April 16 - 7:30pm

Friday, April 17 - 7:30pm

PERFORMANCES

Saturday, April 18 - 7:30pm

Sunday, April 19 - 2:00pm

Thursday, April 23 - 7:30pm

Friday, April 24 - 7:30pm

Saturday, April 25 - 7:30pm

Sunday, April 26 - 2:00pm

Thursday, April 30 - 7:30pm

Friday, May 1 - 7:30pm

Saturday, May 2 - 7:30pm

Sunday, May 3 - 2:00pm

TALKBACKS

SUNDAY, APRIL 19TH

Following the 2pm performance

Post-Show Discussion led by Miriam Gilbert, featuring the cast, director, and playwright, covering the process of taking a new play from page to stage.

SUNDAY, APRIL 26TH

Following the 2pm performance

Post-Show Discussion in collaboration with **Johnson County Livable Community for Successful Aging** featuring chair, John Kalohn, aging life coach & researcher Mary McCall, and FeatherStone's Jordan Pahl.

GET YOUR TICKETS TODAY!



Find out more & get tickets online at Riversidetheatre.org



Call our Box Office for assistance at 319-259-7099



Bringing a Group? Email Kathleen @Riversidetheatre.org

April is Financial Literacy Month!

Iowa Fraud Fighters: Stop the Scammers 2026 Tour

Take control of your financial wellness by attending a Stop the Scammers event near you! These **free** events are hosted by the Iowa Department of Insurance & Financial Services and

AARP. Pre-registration is required! Stop the Scammers events will take place across Iowa and there will be a stop in **Coralville on May 12th!** See all locations and register at: [2026 Stop the Scammers Tour - Iowa Fraud Fighters](#)



April is Earth Month and Earth Day is April 22nd!

To learn more about what you can do to protect our planet and live more sustainably, consider attending this year's **Earth Expo** hosted by Climate Action Outreach and Green Iowa AmeriCorps! The event will take place on **April 11 from 1pm-4pm at the Robert A. Lee Recreation Center!** Visit [Earth Expo- Iowa City, IA](#) to learn more!



AARP Senior Planet: Technology Education for Older Adults

Iowa City Public Library and Johnson County Public Health are partnering with **Senior Planet from AARP** to help older adults

use technology to learn new skills, save money, get in shape, and make new friends. Classes are hosted at the Iowa City Public Library and are intended for adults 60 and over, but anyone is welcome!

Upcoming Senior Planet Classes at the ICPL include:

- April 13: Intro to Managing Your Privacy
- April 24: Intro to AI
- April 28: Cloud Storage
- May 4: Technology for Aging in Place
- May 12: Passwords, Passkeys, and More
- May 22: Messaging Apps

All courses are free, but **registration is required!** Additional information about the course content and registration for each course can be found at: [Senior Planet | Iowa City Public Library](#)



SENIOR PLANET
FROM **AARP**

Advice on Aging

Heritage Area Agency on Aging will begin hosting a monthly walk-in service for seniors and their caregivers to get connected with community resources. “Advice on Aging” will take place the third Thursday of each month from 10 a.m. – 12 p.m. at the [Coralville Public Library’s](#) Study Room. Stop by to learn about care services, get help with Medicaid applications, discuss elder abuse concerns or chat about anything else on your mind. No appointment is needed and there is no charge for Heritage AAA services.

**This month, Advice on Aging will be on Thursday,
April 16th at 10 a.m.**

ADVICE ON AGING

Care services? Medicaid? Elder abuse concerns?
Aging is full of questions. Find the answers.



Third Thursday every month
10 a.m. – 12 p.m.
no appointment needed

Coralville Public Library
Study Room
1401 5th St



Area Agency on Aging

www.heritageaaa.org • 319-398-5559

Csomay Caregiver Support Group: Spring Webinar Series

Join the Csomay Center for Gerontological Excellence for their Spring Webinar Series. These webinars are **free** and will take place over Microsoft Teams. On April 28, the topic will be **"Aging and The Law."** Links to register for the April session will be posted on the [Csomay Center's Facebook page!](#)

Csomay Caregiver Support Group

Spring Webinar Series



Join the Csomay Center for our Spring Webinar Series!
All webinars will take place over Microsoft Teams.

Death Collective of Eastern Iowa	Cathy Gehris: Healthy Eating 101	Jill Watskey: Aging & the Law
Tuesday, February 24 th	Tuesday, March 24 th	Tuesday, April 28 th
12:00 - 1:00 PM	12:00 - 1:00 PM	12:00 - 1:00 PM



Scan here to register
for webinar #1.

Or, register for
webinar #1 via Bitly:
<https://bit.ly/4tzY4jF>

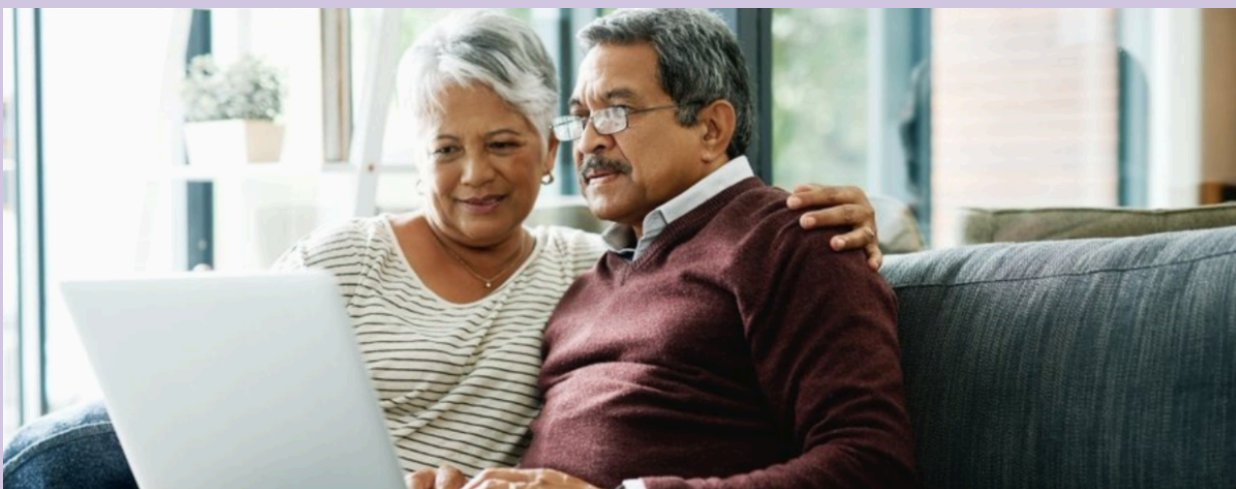
IOWA

College of Nursing
Barbara and Richard Csomay
Center for Gerontological Excellence

Alzheimer's Association 2026 Virtual Education Series

Join the Alzheimer's Association for informative virtual sessions covering a wide range of topics including brain health, caregiving, and Alzheimer's research. **All sessions will take place on Zoom from 11am-12pm.** In March, sessions are focused on brain health and dementia awareness, but the series will continue through June! For more information about the Iowa Chapter of the Alzheimer's Association visit: [Iowa Chapter | Alzheimer's Association](#). To register for virtual education sessions visit: [Meeting Registration - Zoom](#). You

only need to register once and can join as many sessions as you like!



Alzheimer's Association 2026 Virtual Education Series

Join us throughout 2026 for a variety of education topics that can be helpful for anyone affected by Alzheimer's or dementia or those interested in protecting their brain health. You'll learn about healthy habits to help prevent dementia, caregiving resources, the latest in Alzheimer's research and more.

Register once and join as many as you can.

Please reach out to Jessica Duncan at jsduncan@alz.org with any questions.

Series Schedule

All programs are from 11a.m.-12p.m. CST on Zoom

- 1.8 - Awareness Presentation | Local Dementia Resources in Iowa, Current Iowa Treatment Experience & Virtual Dementia Simulation
- 1.15 - The Empowered Caregiver: Building Foundations of Caregiving
- 1.22 - The Empowered Caregiver: Supporting Independence
- 1.29 - ALZ Talks: Take Charge of Your Brain Health
- 2.5 The Empowered Caregiver: Communicating Effectively
- 2.12 - The Empowered Caregiver: Responding to Dementia Related Behaviors
- 2.19 - The Empowered Caregiver: Exploring Care and Support Services
- 3.5 - Una Vida Sana Para Su Cerebro y Su Cuerpo con Dr. Jimmy Reyes
- 3.12 - Healthy Living for Your Brain and Body with helpful resources for Community Health Workers
- 3.19 - Awareness Presentation | Local Dementia Resources in Iowa, Current Iowa Treatment Experience & University of Iowa Research Update with Dr. Kat Britt, U of I
- 4.16 - Understanding Alzheimer's and Dementia
- 5.21 - 10 Warning Signs
- 6.18 Managing Money: A Caregiver's Guide to Finances



alz.org | 800.272.3900

ALZHEIMER'S ASSOCIATION

Let's Talk Books: 50 is the New 30!

Let's Talk Books is a series of casual online conversations about books hosted by the Iowa City Public Library. The group meets Zoom to talk about their favorite books in a specific genre or theme!

If you are looking for more stories centering older adults or have books you want to share, register for the **April 14th** meeting here: [Let's Talk Books: 50 is the new 30!](#)

Let's Talk Books:

50 is the new 30!
Books with protagonists over 50



Tuesday, April 14
7:00 - 8:00pm | Online event *
Zoom registration required

IOWA CITY PUBLIC LIBRARY

Stories Between Generations: Registration Opens on May 1, 2026!

Stories Between Generations is a summer reading and letter exchange program bringing Iowa City seniors and young people in grades 3 through 8 together. Seniors and young people who have each selected the same book will be paired together as pen pals! Then, they will exchange at least two letters over the course of the summer about what they're reading and what they want the other person to know.

Space is limited to 20 older adults and 20 youth participants. Interested participants can register any time during the month of May! Participants will be notified of their partner and how to pick up their book on June 1st!

Additional information can be found at: [Stories Between Generations | Iowa City Public Library](#).



***I Like it Here* : Film Screening and Guided Discussion on May 7th, 2026**

I Like it Here (2022) is a documentary film that challenges us to face aging and mortality with honesty, curiosity, and humor. As part of their Community Collaborations series, FilmScene will be hosting a screening of *I Like it Here* on **May 7th at 6:30pm**. The screening is presented in partnership with the JCLC Policy Board, TRAIL, and other community organizations. Leaders from these organizations will facilitate a **guided discussion** after the screening!

To make this event as accessible as possible, tickets are available on a **"Pay What You Can"** basis.

You can learn more information about the film and get tickets at: [I LIKE IT HERE - FilmScene](#)

Stay tuned for information on the discussion panelists and additional partner organizations!

"A BEAUTIFUL MEDITATION ON MORTALITY"
—THE FILM STAGE

I Like it Here

a film by Ralph Arlyck

From the Director of
FOLLOWING SEAN



May 20, 2026: Corridor Conference on Aging

Mark your calendars for this educational event happening on May 20, 2026. The 2026 Corridor Conference on Aging: Aged to Perfection will have speakers, resources, and community organizations to help you age well! **The event is free for individuals 60 and older! Registration is required to attend this event.** You can find more information and register at: [Corridor Conference on Aging | Kirkwood Community College](#).

CORRIDOR CONFERENCE ON AGING

AGED to PERFECTION

Join us for this **FREE*** full-day event created for adults **60 and better!**

Kirkwood Community College and Heritage Area Agency on Aging will bring together top-notch speakers, practical resources, and trusted community organizations who understand what matters most to today's seniors.

May 20, 2026

Linn County Regional Center | Hiawatha, Iowa

FEATURED KEYNOTES

Active Minds, Active Lives: Embracing the Journey of Optimal Aging

Jennifer E. Jones, MSH-PH
Csomay Center for Gerontological Excellence | University of Iowa

Nourishing Health as We Age

Sarah L. Francis, Ph.D., MHS, RDN
Dept. of Food Science and Human Nutrition | Iowa State University

BREAK OUT SESSIONS

FINANCES **Smart Money Moves**
Brian Thompson | Peritia Advisors

HOME SAFETY **Living Safely, Living Well**
Erica Schroeder-Cerda | LivWell Seniors

MINDFULNESS **Staying Connected**
Megan Thole | Hello Mindful You

HEALTH **When Memory Fades**
Abby Weirather & Becky Krapfl
DeWolf Innovation Center

TECHNOLOGY **Click with Confidence**
Laura Symmonds | Heritage Agency

PRESENTING SPONSOR:



*FREE to Seniors 60+ | Pre-registration: Required to attend. | Seats fill fast! Register today.

Call us at 319-398-1022 (option 5) or visit www.kirkwood.edu/agingconference.

What's going on in JoCo?

Click the links below!

North Liberty Senior Connections Lunch	TRAIL of Johnson County Events Calendar	Iowa City Senior Center Website	Solon Senior Support Newsletter and events
Iowa City Events Calendar	North Liberty Events Calendar	Coralville Events Calendar	AARP Iowa Events Calendar

[Upcoming Events at Hancher](#)

[Upcoming Events at the Stanley Museum of Art](#)

[Upcoming Events at the Englert Theatre](#)

[Alzheimer's Association Upcoming Events](#)



JoCo Livable Community | 855 S. Dubuque St., Suite 202B | Iowa City, IA 52240 US

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