



Livable Community for Successful Aging Policy Board Meeting Agenda

Meeting date: Tuesday, April 14, 2026; 4:00 PM – 5:30PM
In-Person- Room 203C - 855 S. Dubuque Street, Iowa City, IA 52240
Zoom Meeting Link: [Join the meeting now](#)

AGENDA

- 1) Welcome & Introductions – Kalohn
- 2) Public Comment – Comments on items not on the agenda
- 3) Approval of March 2026 Meeting Minutes
- 4) Update from Aging Specialist – Kellbach
- 5) Finance Report – Smith
- 6) Action Plan
 - a) Review Goals
 - b) Review Action Plan Outline and assign sections
- 7) Housing Action Team – funding request
- 8) Older Americans Month
 - a) 2026 Theme – Champion Your Health
 - b) Riverside Theatre Update –The Finacé Talk-back session Sunday, April 26
 - c) FilmScene – Screening of “I like it here!” Thursday, May 7th, 6:30 PM
 - d) The MIND diet (Mediterranean-DASH Intervention for Neurodegenerative Delay) with Susie Roberts – May 13th, Time TBD – Funding request \$400.
 - e) Solon Aging Well Expo on Tuesday, May 19th from 10AM-12PM – Funding request \$50
 - f) Art Talk with Amanda Lensing – Artists and Aging
May 19th, 10:30 AM via Zoom
 - g) Proclamations
 - i. Review talking points
 - ii. Scheduling of proclamations with Johnson County cities
 - iii. Sign up for proclamation meetings
 - h) Csomay Center
 - i. Older Americans Month display on aging at the Iowa City Public Library. JCLC is invited to share information.
- 9) Csomay Center: Opportunity for JCLC to participate in Alumni Day on April 18th with tabling from 10AM-2PM and a Walk Audit from 2-3 PM.
- 10) Meeting dates for future meetings
 - a) Executive Committee Meeting – April 28, 2026, 4:00pm, virtual
 - b) Policy Board Meeting – Tuesday, May 12, 2026, 4:00pm, hybrid
 - c) Executive Committee Meeting – TBD, virtual

11) Future Meeting Topics

12) Announcements

- a) Resignation from the Policy Board – Lorraine Bowans
- b) Facebook Page Link: <https://www.facebook.com/JCSocialServices>
- c) Latest Newsletter: <https://www.johnsoncountyiowa.gov/livable-community/newsletter>
- d) Other

13) Adjournment

Meeting Packet

March 2026 Draft Meeting Minutes

JCLC Action Plan Goals

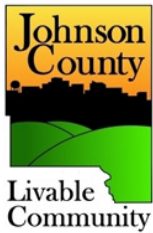
Action Plan Outline

Draft Older Americans Month Proclamation Talking Points

NOTE: ALL AGENDA ITEMS ARE FOR PURPOSES OF DISCUSSION AND ACTION. *In order to provide for most efficient use of our limited meeting time, the Exec Committee requests that any “handouts” or written materials other than the financial report should be provided in advance only. Such handouts will be posted on Teams in order that people have an opportunity to read these in advance of the meeting.*

Johnson County Livable Community Mission Statement:

Help Johnson County become a livable community where everyone can age successfully.



Livable Community for Successful Aging Policy Board Meeting Agenda

Meeting date: Tuesday, March 10, 2026; 4:00pm – 5:30pm

Hybrid Meeting

Meeting Minutes

- 1) Welcome & Introductions – Kalohn
 - a) Meeting was called to order at 4:07PM.
 - b) Present in-person: John Kalohn, Jeff Kellbach, William Quinn, Lisa Parlato, William Quinn, Mandi Remington
 - c) Present virtually: Lorraine Bowans, Violette Bray, Greg Smith, Thomas McDanel
 - d) Absent: Lou Tassinary, Hayley Crabb, Stacia Rath
 - e) In-Person Guest- Janet Godwin
- 2) Public Comment – Comments on items not on the agenda
 - a) None
- 3) Approval of February 2026 Meeting Minutes
 - a) Motion to approve the minutes by Quinn, Second by Smith, all in favor, motion passes.
- 4) Update from Aging Specialist – Kellbach
 - b) **Presentation-** Jeff did a presentation to First United Methodist Church on Sunday, March 8th.
 - e) **Johnson County Social Services Client Statistics as of 3/10/2026-** Aging Specialist/ Navigators combined statistics- Current Fiscal Year the Aging Specialist positions have worked with 191 clients consisting of 815 documented contacts with these individuals. In the same time period last Fiscal Year the Aging Specialist positions worked with 165 clients with 827 documented contacts with these individuals.
- 5) Updated Goals from the Special Meeting
 - a) Jeff will send out a poll with options to meet on weekday evenings so we can finish off our Action Plan. The Executive Committee feels it is necessary to have input from the entire Policy Board.
- 6) Older Americans Month Planning Theme – Champion Your Health: focuses on prevention, wellness, and personal responsibility as cornerstones of healthy aging. It encourages taking an active role in managing your own health, advocating for yourself, accessing preventive care, and making informed decisions that support independence. Join us in highlighting the importance of evidence-based approaches, self-management, and community partnerships that empower individuals to lead their healthiest lives.
 - a) FilmScene update- Hayley has secured a screening of “I Like It Here” on May 7th. TRAIL will be a partner and we will be reaching out to Iowa City Senior Center to see if they would like to partner as well. Tickets will be pay what you can.
 - b) Riverside Theatre Update- Talk-back session Sunday, April 26. Mary McCall and Jordan Pahl will be on the panel.
 - c) Proclamations- We will plan to do Older Americans Month Proclamations at the various City Councils throughout Johnson County: Johnson County Board of Supervisors, Coralville, Hills, Iowa City, Lone Tree, North Liberty, Oxford, Shueyville, Solon, Swisher, Tiffin and University Heights. Jeff will coordinate dates and times to do the Proclamations.
 - d) Senior Artists and Their Work- Discussion of asking Amanda Lensing about having a program on Senior Artists and their work. John will work with Amanda to put together a program.

- e) Event focused on championing your health- Jeff and Lisa will work together to coordinate a program in May.
- 7) Meeting dates for future meetings
 - a) Executive Committee Meeting- March 24, 2026 4:00PM, virtual
 - b) Policy Board Meeting- Tuesday, April 14, 2026, 4:00pm, hybrid
 - c) Executive Committee Meeting- April 28, 2026 4:00PM, virtual
- 8) Future Meeting Topics
 - a) None
 - b) Csomay Center
 - i) Older Americans Month display on aging at the Iowa City Public Library. JCLC is invited to share information.
 - ii) April alumni day will be April 18th with tabling from 10AM-2PM and a walkability audit from 2-3PM.
- 9) Announcements
 - a) Violette reported that the Csomay Center will be holding an Alumni Day event on 4/18/26 at the Hancher Green. They will be tabling from 10AM-2PM and will be doing a walk audit at 2PM. JCLC is invited to provide information to share for the event.
 - b) Facebook Page Link: <https://www.facebook.com/JCSocialServices>
 - c) Latest Newsletter: <https://www.johnsoncountyiowa.gov/livable-community/newsletter>
- 10) Adjournment
 - a) Meeting was adjourned at 5:12PM

Johnson County Livable Community Mission Statement:
Help Johnson County become a livable community where everyone can age successfully.

JCLC Action Plan		Who	By When	Resources Needed	Barriers/ Resistance	Outputs	Measures of Success	Impact	
Domain: Communication and Information									
GOAL # 1	Increase awareness of services provided within the county						PRIORITY: Immediate		
OBJECTIVE:	Identify methods and specific events for community outreach								
ACTION:	Investigate an online hosting for community events and resource links on the JCLC website	Tom, JC Social Media Team	End of Q2 - 2026	Use of AI to collect event information to post on the JCLC website	County may have policies which may limit data collection from other websites	Weblink and/or social media page + QR code	Analytics, engagement	Easier one-stop shop for events / resources related to aging	
ACTION:	Lead Older Americans Month messaging and activities in the county	JC Policy Board	2027	messaging, relationships, space	time commitment from board members	City proclamations, events, PR, flyer	Press coverage, increased engagement	Regular & expected occurrence of monthlong celebration / awareness	
ACTION:	Share survey results with Johnson County Community	John Kalohn, Stacia Rath, Daniel Leibzeit	End of 2026	UI Healthcare, IC Free medical Clinic, JC & city Government Entities, Mercy Cedar Rapids, UnityPoint	Time commitment, scheduling with groups	PowerPoint Presentation	Participation from community in info sessions, Tracking hits	Communities more active involvement in JCLC events and outreach. Improve AARP score by 10 pts.	

JCLC Action Plan		Who	By When	Resources Needed	Barriers/Resistance	Outputs	Measures of Success	Impact
Domain: Communication and Information								
GOAL # 2	Increase information sharing and collaboration with organizations and government departments/agencies that provide services to seniors.						PRIORITY: Immediate	
OBJECTIVE:	Identify and recruit organizations providing services to seniors							
ACTION:	Develop list of organizations and prioritize which organizations will be approached in the first year	Treasurer & Executive Committee	End of March	Executive Committee	List may miss key organizations	Prioritized list of organizations to approach	Fill all open affiliated org positions on JCLC Board	Improve community representation on JCLC
OBJECTIVE:	Develop list of benefits for organizations to collaborate with the JCLC							
ACTION:	Identify benefits presentation to share with target organization	JCLC Chair	End of Q2-2026	Executive Committee	Identified benefits may not resonate with target organizations	Presentation/ Flyer	Target organizations to agree to participate	Improve community representation on JCLC
ACTION:	Identify an optimal limited set of options for information sharing	Executive Committee	End of Q2-2026	JCLC Board Input and input from target organizations on method to be used	Methods could be too complex	Agreed upon limited set of options for information sharing	Organizations share information on agreed upon method & schedule	Effective and streamlined comms

JCLC Action Plan		Who	By When	Resources Needed	Barriers/Resistance	Outputs	Measures of Success	Impact
Domain: Communication and Information								
OBJECTIVE:	Reach out to other organizations to promote collaboration by maintaining regular communication through each organization's board and/or management							
ACTION:	Invite organizations to participate in JCLC board meetings and reciprocate by attending board meetings of other organizations	JCLC Chair, Executive Committee	End of Q2-2026	JCLC Executive Committee & policy board members	Target organization may not choose to participate	More age-affiliated organizations on JCLC policy board	Increase JCLC Age Affiliated Organizations to max permitted	Better representation of age-affiliated orgs on JCLC
ACTION:	Alternative methods of collaboration for orgs that cannot participate on the JCLC board. Action teams, task force, special events	Exec Comm	End of Q2					
ACTION:	Conduct outreach to city councils within Johnson County to increase awareness of JCLC and services/information provided within the county	JCLC Policy Board	Annually	Annual talking points	Scheduling all Council Meetings in May, having Policy Board Members able to attend all events	Presentations to City Councils	City Council Engagement with JCLC	Increased community involvement and coordination of programs and entities

JCLC Action Plan		Who	By When	Resources Needed	Barriers/ Resistance	Outputs	Measures of Success	Impact
Health Services and Community Supports								
GOAL:	Improve access to appropriate and timely medical care						PRIORITY: Immediate	
OBJECTIVE:	Improve the access to appropriate and timely care.							
ACTION:	Create a resource for individuals seeking health to get the appropriate care.	Johnson County Public Health, Lisa Parlato	2027	-Free Medical Clinic, VNA, IowaHealthcare, Mercy Cedar Rapids, UnityPoint, Csomay Center -How do other communities do this?	-Lack of contacts -Maintaining and updating the resource/ information -Accessibility -Liability concern(s)	-Resource (map)		Patients able to find care
ACTION:	Promote awareness of transportation options within in the county that provide assistance to individual in getting to medical appointments	Mobility Coordinator, Aging Specialist,		-TRAIL of JC -UnityPoint AbbeHealth Aging Services, City of North Liberty Transportation Assistance Program, Solon Sr Transport., SEATS, Public Transit	-Cost? -Maintaining and updating information -Rural community access	Sharable resource with webpage and partners	Increased utilization as reported by transportation providers	People able to get to and from appointments

JCLC Action Plan		Who	By When	Resources Needed	Barriers/ Resistance	Outputs	Measures of Success	Impact	
Respect and Inclusion									
GOAL:	Promote respect and social inclusion by increasing opportunities for older adults to be visible, valued, and actively engaged in communities across Johnson County.						PRIORITY: 2-3 years		
OBJECTIVE:									
ACTION:	JCLC will support intergenerational events throughout the County.	JCLC Policy Board Member	2027	Public Libraries throughout the County, Iowa City Senior Center, Agencies serving older adults, School Districts, United Way of JWC, University of Iowa/ Csomay Center (Grandparents University)	-Volunteers -Recruiting organizations (buy-in) -Lack of awareness of events -Transportation -Finances	- Intergenerational Events -Outreach to organizations that do or would put on these intergenerational events.	-Community attendance (# of attendees) (# of events)	-Reduced isolation -Increased connectedness	

JCLC Action Plan		Who	By When	Resources Needed	Barriers/ Resistance	Outputs	Measures of Success	Impact	
Outdoor Spaces and Buildings									
GOAL:	Improve accessibility and knowledge of aging and common age-related conditions across a variety of organizations in the community, including businesses. Could split up disability and common age-related conditions like dementia into two different goals						PRIORITY: 2-3 years		
OBJECTIVE:	Promote the completion of walk audits throughout the County.								
ACTION:	Promote the completion of walk audits throughout the County.	Action Team with involvement from at least one JCLC Policy Board Member	2027	-Cities/ town involvement -Resilience Hubs/ Neighborhood -AARP Walk Audit/	-Cost- who is responsible -Did we upset homeowners or city -Need to recruit volunteers	-Creation of an Action Team -A plan for completing walk audits throughout the County. -Ability to recruit groups/ individuals throughout the County	-Recruiting enough people from the different communities - Communities / Cities taking action on results of the walk audits.	-Safer and more accessible sidewalks -Improving walkability of communities throughout the County	

JCLC Action Plan		Who	By When	Resources Needed	Barriers/Resistance	Outputs	Measures of Success	Impact
Disaster Planning								
GOAL:	Increase awareness and provide training related to disaster planning						PRIORITY:	
OBJECTIVE:	Collaborate with organizations/agencies in the county to develop/coordinate disaster planning education/training events.							
ACTION:	Disaster Planning event	JCLC Policy Board, Johnson County EMA, Disaster Prepwise, JCPH	September 2026	JC Public Health, JC Emergency Management, University of Iowa Public Health (Disaster Prepwise), Law enforcement agencies, AARP, Resilient Hubs (Neighborhood Centers and Associations)	-Sense of urgency -Accessing people who have special needs	Schedule of activities for event	Attendance at event, signing up for Johnson County EMA Special Needs Registry	Community members are better prepared for a disaster

DRAFT JCLC Action Plan Outline

Section	Assigned to:
1. Cover Page	
2. Executive Summary/Letter from your Mayor or Elected Body	
3. Table of Contents	
4. Community Profile	
a. Introduction to your community	
b. Demographic/diversity data (ages, ethnicities, drivers/non-drivers, owners-renters, etc)	
c. Description of Age-Friendly Features of the Community	
5. Introduction to the plan	
a. Mission Statement	
b. Vision Statement – towards an age friendly community—and a set of Values – including the voice of the 50+	
c. Who was involved in the development of the plan	
i. Planning committees/workgroups (include a list with affiliation)	
ii. How did you include older adults, the diversity in your community?	
d. Synopsis of learnings from the community assessment	
i. Description of how the age-friendly assessment was conducted (surveys, listening sessions, etc.)	
ii. Demographics of the community residents who participated in listening sessions/surveys—	
iii. Key learnings that impact plan development	
e. Who will manage the implementation of the plan?	
f. Other information that is important to the plan (i.e. AARP's Livability Index Score)	
6. Domain-Specific Action Plans	Initial Draft Completed
a. The Strategic Framework – the eight domains of livability for planning	
i. Statement of what must be achieved – the goal or output	
ii. Activities that must be followed to reach the objective or goal	
iii. Target date for completion or schedule for when each activity must begin/end	
iv. Identification of the organization/individual who will be responsible for each activity as well as collaborating organizations	
v. Discussion of the inputs/resources needed to complete each task in the action steps.	
vi. Identification of indicators (and available baseline data) which will allow for measurement of progress towards the goals	
vii. Summary Table of Action Plan Activities	
7. Appendices and supporting documentation.	

JCLC Action Team Status Report

Prepared for JCLC Policy Board Review

Action Team: Housing Action Team

Action Team Co-Chairs: Jessica Andino/Sarah Thompson

Meetings Date and Time

Day	Time	Location/Format
Last Monday of the Month	1:30-2:30 PM	Virtual

Annual Goals

- Recruit new HAT members
- Advance rural housing study recommendations
- Outreach to at least 5 new organizations
- Monthly progress reviews
- How to become a developer workshop partner- IncDev-
- AARP Community Challenge Grant link- Announcing the 2026 AARP Community Challenge
- ADU's project

Progress Made Toward Goals Since Last Status Report

- New Co-Chairs introduced.
- Outreach for recruiting other board members-
 - Scott Hawes with Habitat for Humanity
 - Ellen McCabe will reach out to Sand Companies
 - Jessica will reach out to Solon Senior Housing Board and RSFIC (Resilient Sustainable Future of Iowa City)
 - Sarah will reach out to Rural Communities

Successes

- Outreach assignments distributed.

Challenges

- Limited outreach responses from some organizations.

Future and Continuing Activities

- AARP Challenge Grant exploration.
- Donating ADUs initiative review.
- Developer workshop (IncDev).
- Continued rural community housing work.

Future Public Events

Event Name	Date	Time	Location
Johnson County Fair	7/25-7/29	All Day	Johnson County Fair Grounds

Input/Support Needed from the Board

- General outreach and publicity for JCLC

Funding Request

- \$200 for entry fee to the Johnson County Fair. ADU materials will be promoted (already printed).

Riverside Theatre Presents

THE FIANCÉ

A World Premiere by Emily Bohannon

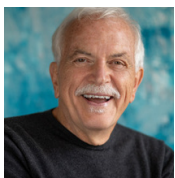
When Bea moves to a retirement home to finally live the city life she dreamed of as a girl, she meets a new friend and unexpected suitor: Doug. When sparks fly (and Doug proposes!) she must overcome her family's objections and decide how she wants to spend the rest of her life...and with whom. This production brings five Riverside favorites to the stage, featuring Riverside's founders, Jody Hovland and Ron Clark, alongside Martin Andrews, Jessica Link, and Christina Sullivan.

For those who want to go deeper, Backstage Pass offers Riverdogs a rare and exciting opportunity to explore the process of bringing a world premiere to life – from the first rehearsal to opening night. Learn more about this at www.riversidetheatre.org.

FEATURING



MARTIN ANDREWS
Malcom



RON CLARK*
Doug



JODY HOVLAND*
Bea

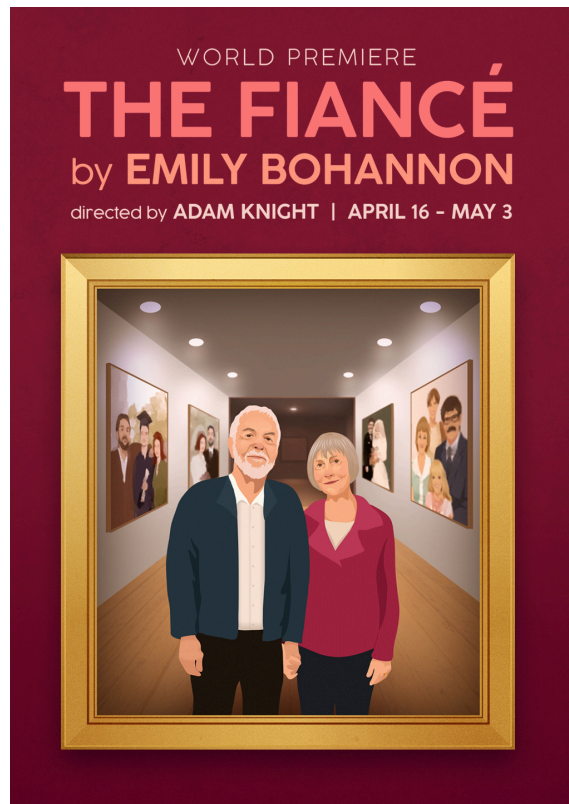


JESSICA LINK
Joan



CHRISTINA SULLIVAN
Alex

*Member of Actors' Equity Association, the Union of Professional Actors and Stage Managers in the United States, appearing under a Special Appearance Contract



The production is made possible by generous support from:

JOANN BELL
THE ROBERT E. YAGER CHARITABLE TRUST

PREVIEWS

Full performance, special pricing!

Thursday, April 16 - 7:30pm

Friday, April 17 - 7:30pm

PERFORMANCES

Saturday, April 18 - 7:30pm

Sunday, April 19 - 2:00pm

Thursday, April 23 - 7:30pm

Friday, April 24 - 7:30pm

Saturday, April 25 - 7:30pm

Sunday, April 26 - 2:00pm

Thursday, April 30 - 7:30pm

Friday, May 1 - 7:30pm

Saturday, May 2 - 7:30pm

Sunday, May 3 - 2:00pm

TALKBACKS

SUNDAY, APRIL 19TH

Following the 2pm performance

Post-Show Discussion led by Miriam Gilbert, featuring the cast, director, and playwright, covering the process of taking a new play from page to stage.

SUNDAY, APRIL 26TH

Following the 2pm performance

Post-Show Discussion in collaboration with **Johnson County Livable Community for Successful Aging** featuring chair, John Kalohn, aging life coach & researcher Mary McCall, and FeatherStone's Jordan Pahl.

GET YOUR TICKETS TODAY!



Find out more & get tickets online at Riversidetheatre.org



Call our Box Office for assistance at 319-259-7099



Bringing a Group? Email Kathleen @Riversidetheatre.org



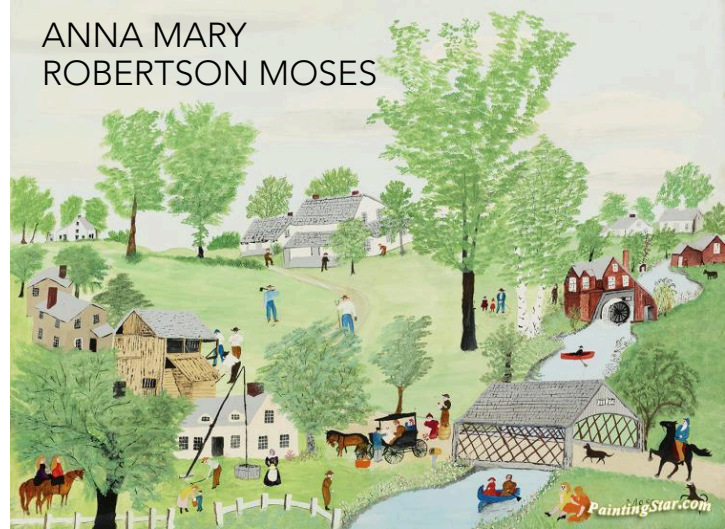
**Livable Community
for Successful Aging**

Meeting ID: 94084344620
Passcode: 557677
or click here for [ZOOM LINK](#)

ART TALK with AMANDA LENSINGA

join us in a celebration of
Older Americans Month
for an artful discussion on

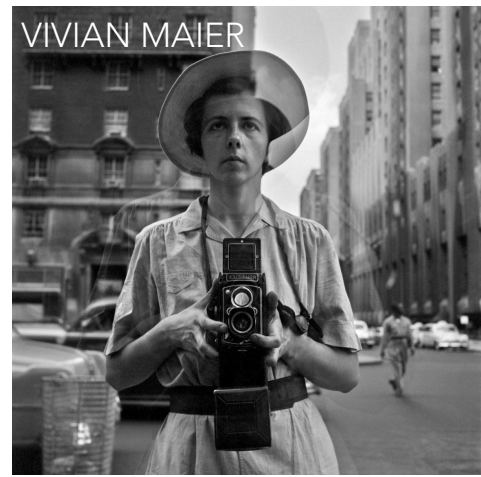
ARTISTS & AGING



Taking a close look at how different artists
have dealt with aging in their careers -
from finding inspiration (and fame) in new
mediums as they age to delegating the work
to others to keeping their work to themselves.



**TUESDAY, A
MAY 19, 2026 A
AT 10:30 AM A
VIA ZOOM A
(ZOOM LINK A
UPPER RIGHT CORNER)**



April 14, 2026

Draft Older Americans Month Proclamation Talking Points

Thank you Mayor _____, I am _____ and I am pleased to accept this proclamation on behalf of the Johnson County Livable Community for Successful Aging Policy Board (JCLC for short). This year's theme, **Champion Your Health**, focuses on prevention, wellness, and personal responsibility as cornerstones of healthy aging. It encourages taking an active role in managing your own health, advocating for yourself, accessing preventive care, and making informed decisions that support independence. We are pleased that _____ is joining us in highlighting the importance of individuals championing their health.

The JCLC website at livablecommunity.org has a number of resources to assist residents in finding support in a variety of areas by connecting them with the right resources.

We also have events to celebrate Older Americans Month:

- a) FilmScene – Screening of “I like it here!” with a panel discussion immediately following. Thursday, May 7th, 6:30 PM
- b) The MIND diet (Mediterranean-DASH Intervention for Neurodegenerative Delay) with Susie Roberts – May 13th, **Time & location TBD**
- c) Art Talk with Amanda Lensing – Artists and Aging
May 19th, 10:30 AM via Zoom Details are on the JCLC website at livablecommunity.org

The JCLC will also be participating in Solon Aging Well Expo on Tuesday, May 19th from 10AM-12PM and we hope to see you there.

Finally, the JCLC is wrapping up the Community Survey project and would like to set up a time with the council to present a brief overview of the results following our presentation to the Johnson County Board of Supervisors. We will reach out to set up a time with you to set this up.